



Notice of the Ordinary meeting of

Community Investment Funding Panel

Te Rōpū Pūtea Hapori

Date:	Tuesday 30 November 2021
Time:	12.30p.m.
Location:	Rūma Manuka Elma Turner Library 27 Halifax Street, Nelson

Agenda

Rārangi take

Chairperson
Members

Mr Andrew White
Ms Rachel Gordon
Ms Rosalie Grant
Ms Viv Lock
Mr Bhoj Subba
Mr Graeme Thomas

Quorum: 3

Pat Dougherty
Chief Executive

Nelson City Council Disclaimer

Please note that the contents of these Council and Committee agendas have yet to be considered by Council and officer recommendations may be altered or changed by the Council in the process of making the formal Council decision. For enquiries call (03) 5460436.

1. Apologies

Nil

2. Confirmation of Order of Business

3. Interests

3.1 Updates to the Interests Register

3.2 Identify any conflicts of interest in the agenda

4. Public Forum

5. Confirmation of Minutes

5.1 7 September 2021

4 - 6

Document number M18907

Recommendation

That the Community Investment Funding Panel

- 1. Confirms the minutes of the meeting of the Community Investment Funding Panel, held on 7 September 2021, as a true and correct record.***

6. Community Investment Fund - Small Grant Allocation November 2021

7 - 83

Document number R26379

Recommendation

That the Community Investment Funding Panel

- 1. Receives the report Community Investment Fund - Small Grant Allocation November 2021 (R26379) and its attachments (A2570591, A2760186, and A2790968); and***

2. ***Approves funding for the Community Investment Fund Grant Applications as agreed at this 30 November 2021 meeting and recorded in the tabled document (A2790968); and***
3. ***Notes that the Community Investment Fund is insufficient to meet the total value of applications that meet the priority focus areas and that the Community Investment Funding Panel will not be able to support all worthy applications to the extent it may wish to.***



**Minutes of a meeting of the
Community Investment Funding Panel
*Te Rōpū Pūtea Hapori***

Held via Zoom on Tuesday 7 September 2021, commencing at 2.34p.m.

Present: Mr A White (Chairperson), Ms R Gordon, Ms R Grant, Mr L Katu (Kaumatua), Ms V Lock, Mr B Subba, Mr G Thomas

In Attendance: Governance Advisers (J Brandt and K McLean)

Apologies : Nil

Council Kaumatua L Katu was co-opted as a non-voting Panel member for this meeting, due to his specific knowledge and understanding of Iwi Māori aspirations and organisations in Nelson.

1. Apologies

There were no apologies.

2. Confirmation of Order of Business

The confirmation of the minutes was considered last.

3. Interests

Two Panel Members declared an interest in agenda item 5, 2021/22 Community Investment Fund Strategic Grant Funding Allocation: Rachel Gordon regarding the Brain Injury Association application and Viv Lock regarding the Beneficiaries and Unwaged Workers Trust application. Neither took part in discussion of or voting on these applications.

4. Public Forum

There was no public forum.

5. **2021/22 Community Investment Fund Strategic Grant Funding Allocation**

Document number R26023, agenda pages 7 - 203 refer.

Community Contracts Adviser, Paul Prestidge, presented the report and tabled a replacement for agenda attachment 5 (A2739423).

It was noted that changes to the initial schedule of Strategic Grant Allocations were due to the available funding being insufficient to fund all applications to the level requested by applicants.

Resolved CIF/2021/003

That the Community Investment Funding Panel

- 1. Receives the report 2021/22 Community Investment Fund Strategic Grant Funding Allocation (R26023) and its attachments (A2570591, A2654351, A2706163, A2738120 and A2739423); and***
- 2. Agrees to consider the late application from the White House for funding; and***
- 3. Approves funding for the Community Investment Fund Grant Applications as agreed at this meeting and recorded in the tabled document A2739423; and***
- 4. Notes that funding priorities are for communities of greatest need, funding for success, providing strategic funding and the unavailability of alternate funding for organisations; and***
- 5. Notes that the Community Investment Fund was insufficient to meet the total value of applications that met the priority focus areas and that the Panel was not able to support all worthy applications to the extent it may wish to.***

Thomas/Grant

Carried

Attachments

- 1 A2739423 - tabled document - Final Strategic Grant Allocations 2021/22 - 7 Sep 2021

6. **Confirmation of Minutes (agenda item 4)**

6.1 28 June 2021

Document number M18758, agenda pages 4 - 6 refer.

Resolved CIF/2021/004

That the Community Investment Funding Panel

- 1. Confirms the minutes of the meeting of the Community Investment Funding Panel, held on 28 June 2021, as a true and correct record.***

Grant/Lock

Carried

Karakia Whakamutanga

There being no further business the meeting ended at 2.43p.m.

Confirmed as a correct record of proceedings by resolution on (date) 2021.

Resolved



Community Investment Funding Panel

30 November 2021

REPORT R26379

Community Investment Fund - Small Grant Allocation November 2021

1. Purpose of Report

- 1.1 To allocate the Community Investment Fund (CIF) Small Grants first tranche for 2021/22.

2. Recommendation

That the Community Investment Funding Panel

1. ***Receives the report Community Investment Fund - Small Grant Allocation November 2021 (R26379) and its attachments (A2570591, A2760186, and A2790968); and***
2. ***Approves funding for the Community Investment Fund Grant Applications as agreed at this 30 November 2021 meeting and recorded in the tabled document (A2790968); and***
3. ***Notes that the Community Investment Fund is insufficient to meet the total value of applications that meet the priority focus areas and that the Community Investment Funding Panel will not be able to support all worthy applications to the extent it may wish to.***

3. Background

- 3.1 The Community Investment Fund (CIF) is a contestable fund, providing grants to community organisations that, "improve the wellbeing in support Nelson 'communities of greatest need' as being focusing on reducing social isolation, reducing housing vulnerability, improving access to work and learning opportunities, and reducing the impact of poverty."

Item 6: Community Investment Fund - Small Grant Allocation November 2021

- 3.2 The total CIF budget for 2021/22 is \$342,923. 70% of the CIF funding, (\$240,000), was allocated as strategic grants to 27 organisations in September 2021. The balance, \$102,923, is available to allocate as small grants up to \$10,000 each in two funding rounds at this meeting, and a second scheduled for May 2022.
- 3.3 A candidate was recommended by iwi managers for appointment to the Panel as the member who can bring a Māori perspective to the Panel. At the time of writing this report, this appointment is being finalised.

4. Discussion

Applications received

- 4.1 A total of 33 small grant applications were received, requesting \$197,311. Application details are provided as Attachment two. Officers have reviewed the applications to assess their eligibility and alignment to the CIF priorities.
- 4.1.1 Nine of the applications were previously declined a strategic grant, and on the advice of officers, are resubmitted to be considered for a small grant.
- 4.1.2 Seven applicants whose strategic grant application was declined have submitted a new application for a small grant.
- 4.1.3 Three applicants for a small grant also received a strategic grant. Groups that have received strategic grants are eligible to apply for a small grant provided it is for a different project or purpose.

Funds available for allocation

- 4.2 The total CIF budget for 2021/22 is \$342,923, \$240,000 of which has been distributed as strategic grants. The balance, \$102,923, is available for allocation as small grants in two funding rounds.
- 4.3 Staff recommend that the panel retain sufficient funds (ideally at least 40%) to provide a meaningful the second allocation round, leaving up to \$60,000 to allocate in this round.

Funding Priorities

- 4.4 As the fund has been oversubscribed, with most applicants having some or a strong alignment to the fund purpose, many applicants must be declined or receive partial funding despite submitting worthwhile applications.
- 4.5 In decision making, the recommended funding allocation reflects the following principles:

Item 6: Community Investment Fund - Small Grant Allocation November 2021

- 4.5.1 **Prioritising Communities of Greatest Need:** Priority should be given to organisations that will make a tangible difference to improving community wellbeing by reducing social isolation, reducing housing vulnerability, reducing the impact of poverty, and improving access to work and learning in Nelson.
- 4.5.2 **Funding for success:** It is better to adequately fund a small number of projects and decline others, than underfund multiple projects that cannot succeed.
- 4.5.3 **Small Grant Funding Levels:** This fund is promoted as providing small grants with a maximum of \$10,000 and an expectation that most grants will be between \$2,000 and \$5,000. Where a grant is requested as a contribution towards a larger project, the Panel should consider whether a grant will provide a meaningful contribution to the success of the project.
- 4.5.4 **Alternative Funding Options:** This involves considering whether the organisation has access to alternative funding from other sources.

Decisions on applications

- 4.6 The priorities and funding criteria are defined in the CIF Panel Terms of Reference (Attachment one).
- 4.7 At the workshops, the panel requested further information from staff regarding several applications which have been included in notes to the recommendations for allocating the funding (to be attached as attachment three).
- 4.8 Based on the direction provided at the workshops and the funding principles, officers have prepared a schedule with a recommended funding distribution to fully allocate the budget available.
- 4.9 The panel should consider each application on its merits and choose to either wholly fund, partly fund or decline the application and articulate the reasons for the decision. Rationale for declining applications are:
 - 4.9.1 Incomplete alignment with Council's strategic priorities and the small grant funding criteria.
 - 4.9.2 Does not achieve sufficient community benefit to Nelson residents when considered against alternative applications.
 - 4.9.3 Does not sufficiently demonstrate the applicant's ability to deliver the project, service or activity when considered against other applications.

Assessments

- 4.10 Officers reviewed all the applications and provided advice for the Panel to consider at its workshop, and when making its decisions.
- 4.10.1 29 applications, requesting \$162,391 were assessed as meeting the overall criteria for CIF small grants funding – with some more strongly meeting the criteria than others.
- 4.10.2 4 applications, requesting \$34,950 were assessed as not meeting the criteria for CIF small grants funding.
- 4.11 Officers further reviewed the applications following the Panel workshop and provided a recommendation (Attachment three) based on the fund principles, the previous track record of the applicant, direction provided at the workshops, the financial and governance capability of the applicant, the Nelson community benefit, reach and effectiveness of the activity when considered against other applicants.
- 4.12 As the fund has been significantly oversubscribed, with most applicants having some, or a strong alignment to the fund purpose, many applicants must be declined or receive partial funding despite submitting worthwhile applications.

5. Options

Option 1: Allocate the Community Investment Small Grants as per attachment three (recommended option)	
Advantages	<ul style="list-style-type: none">Community groups will receive Council grant funding to enable them to achieve positive community outcomes.
Risks and Disadvantages	<ul style="list-style-type: none">Unsuccessful applicants may be dissatisfied with being declined.
Option 2: Allocate the Community Investment Small Grants differently to that recommended in attachment three	
Advantages	<ul style="list-style-type: none">Funding will reflect the panel's funding priorities.Community groups will receive Council grant funding to enable them to achieve positive community outcomes.
Disadvantages	<ul style="list-style-type: none">Unsuccessful applicants may be dissatisfied with being declined.

Option 3: Do not allocate the Community Investment Small Grants (not recommended).	
Advantages	<ul style="list-style-type: none">• None
Risks and Disadvantages	<ul style="list-style-type: none">• Nelson community groups would miss out on funding.

6. Next Steps

- 6.1 Once the panel has decided on the allocation of the funding, staff will advise all applicants of the decisions, and
- Develop funding agreements with successful applicants, incorporating any specific conditions the panel recommends, and pay the grants.
 - Contact all unsuccessful applicants and discuss other funding options and support that may be available.
 - Meet with successful applicants on a regular basis to discuss and support project delivery.

Author: Paul Prestidge, Community Contracts Adviser

Attachments

Attachment 1: A2570591 CIF Panel Terms of Reference (2021) [↓](#)

Attachment 2: A2760186 CIF Small Grant Applications [↓](#)

Attachment 3: A2790968 CIF Small Grant Recommendations and Allocation
(Circulated separately)

Community Investment Funding Panel Terms of Reference

March 2021

1. Purpose

The Community Investment Funding Panel is responsible for assessing applications and allocating Community Investment Funding on behalf of the Nelson City Council Community and Recreations Committee.

2. Membership

The Panel consists of:

- The Group Manager Community Services as Chair, or their nominated deputy, and
- Between four and six community and tangata whenua representatives.

3. Panel Skills and Competencies

Community members will collectively have a broad knowledge of community sector in Nelson/Whakatū, in particular improving wellbeing in 'communities of greatest need,' focusing on reducing social isolation, reducing housing vulnerability, improving access to work and learning opportunities and reducing the impact of poverty.

Members will reflect, as far as possible, a broad cross-section of the community (e.g. Māori, Pasifika, young people, older adults and other vulnerable communities).

At least one community member will have specific knowledge and understanding of Iwi Māori aspirations and organisations in Nelson.

One member may come from other funding agencies.

Members will understand, and have experience of community funding processes.

The Panel will have the power to co-opt further members with speaking, but not voting rights, to provide specialist perspectives on particular communities of interest or identity.

4. Quorum

The Quorum for the Community Investment Funding Panel is half the community members plus the Chairperson or their delegate.

5. Areas of Responsibility

The Funding Panel will consider applications for Community Investment Funding and allocate appropriate levels of funding against the criteria set out in the Nelson City Council Community Assistance Policy, Long-Term Plan 2021-2031, and other guidance or priorities that Council may set from time to time.

6. Powers to decide

The Community Investment Funding Panel has the powers to decide the allocation of Community Investment Funding.

Funding allocations will be guided by the priorities set out in the Community Partnerships Activity Management Plan 2021-2031, i.e.

- a. To prioritise funding towards improving wellbeing in communities of greatest need, focusing on reducing social isolation, reducing housing vulnerability, improving access to work and learning opportunities and reducing the impact of poverty; and
- b. To respond to changing and emerging needs in the community.

The Community Investment Funding Panel will allocate up to 70% of the available funds towards strategic projects once every three years.

The remaining funding allocation will be allocated via small grants of up to \$10,000 as part of a twice yearly funding round.

7. Powers to recommend

The Panel may report to the Community and Recreation Committee on any issues, themes or insights gathered in the consideration of the applications received.

8. Role of the Funding Panel

- To consider applications for the Community Investment Fund, and
- To allocate appropriate levels of funding against programme's criteria and priorities, as set out in para. 6 above.

9. Role of the Chair

- To review the agenda with staff prior to Funding Panel meetings, and
- To chair meetings according to the agreed agenda and to assist the Funding Panel to make decisions on funding applications.

10. Role of staff

Staff provide technical expertise, project management and administrative support to the Funding Panel. Their role is to:

- Manage the application process:
 - Prepare application material and promote the fund
 - Receive applications
 - Assess applications against programme criteria and priorities, and
 - Provide applications, summaries and assessments to the Panel, to support their consideration;
- Provide advice to the Funding Panel, including on:
 - Council policies, plans and strategies that inform community funding,
 - Good funding practice, and
 - Legal and statutory responsibilities;
- Organise and manage engagement with key stakeholders and the wider community;
- Assist in the recruitment of panel members;
- Keep panel members briefed on key communications with key stakeholders and the public;
- Prepare and distribute agendas for Panel meetings; and

- Maintain records of process used, options considered, key decisions made by the Panel and reasons for decisions, so that the decision making process can be clearly understood.

11. Appointment process

The process for appointment of community members is:

- Staff will:
 - call for nominations for Panel member(s) from community and tangata whenua organisations, and
 - Review nominations against the required skills and competencies.
- Staff will engage with the Chair and Deputy Chairs of the Community and Recreation Committee to develop a shortlist and recommendations to the Community and Recreation Committee.
- The Community and Recreation Committee will approve the Panel members.

Should a member of the Panel stand down from his or her role, the Panel may co-opt a replacement member for the balance of the member's term, subject to the approval of the Community and Recreation Committee.

12. Duration of appointment

Appointments will be for a three-year term.

At the end of their term panel members may be reappointed for a further term, subject to the approval of the Community and Recreation Committee

If a member doesn't seek reappointment, or their reappointment is not approved, Council will follow the appointment process outlined in item 11 to appoint new Panel members.

Panel members may be appointed for a maximum of nine years in total.

13. Conflicts of Interest

Members will complete a declaration of interest form when appointed, and declare any conflicts of interest at the start of each meeting.

14. Code of Conduct and confidentiality

Appointed Panel members must sign and comply with a Code of Conduct for the Panel (A1960223) that includes confidentiality clause *'not to use or disclose confidential information for any reason other than the purpose for which the information was supplied to me in my role as a member of the Panel'*.

15. Reporting

- Minutes of Funding Panel meetings will be taken and received by the Community and Recreation Committee.
- For the purposes of complying with the Local Government Official Information and Meetings Act 1987 (Part 7, 45(1)) Panel meetings will be treated as public meetings as the Panel is delegated to make decisions on the allocation of the Community Investment Fund.

Community Investment Fund

Small Grant Applications

October 2021

Schedule of applications

24-7 Unite	Intentional Education Nelson Tasman (INTENT)	Nelson Women's Centre Te Whare Āwhina Mō Ngā Wāhine Puawai Inc	Stoke Toy Library Incorporated
Annesbrook Trust	Neighbourhood Support (Top of the South) Charitable Trust	Open Home Foundation (the)	Te Kotahi o Te Tauihu Charitable Trust
Barnardos NZ	Nelson Community Toy Library	Parent to Parent Nelson	Victim Support in Nelson
Blind Citizens NZ Nelson Branch	Nelson Pride	Parents Centre (Nelson District)	Volunteer Nelson
Community Action Nelson (CAN)	Nelson Surf Lifesaving Club Incorporated	Perinatal Support Nelson Inc	Wellby (Volunteer Nelson)
Diabetes New Zealand	Nelson Tasman Filipino Community Incorporated	Plunket (Royal New Zealand Plunket Trust)	Whenua Iti Outdoors
Empowerment Trust	Nelson Training Centre	RISE	White House Incorporated Society
Garden to Table Trust	Nelson Whakatū Muslim Association	Safeguarding Children	Wilderness Canoe Trust
Health Action Trust (Nelson)- COMPASS Peer support & Advocacy			

A2760186

CIF Small Grant Applications

October 2021

Community Investment Fund Small Grants Applications					\$ 893,189	\$ 197,311
Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
24-7 Unite	24-7 Unite wants to see young people in Nelson empowered, equipped, and set up to thrive as they move through towards adult life. We do this by engaging with them in a school setting, building relationship, running events, and supporting students when needs are identified.	Youth work at Nelson College.	<p>The grant will contribute towards our 2022 budget, which will help us to continue to provide three youth workers at Nelson College. These costs include salaries, equipment purchases, training and development, event expenses, and professional supervision from a qualified social worker.</p> <p>Our vision, put simply, is to "see young people thrive". We do this by getting to know them, and then inputting into their lives when needed, similar to a big brother, mentor, or role model. We commit time to building positive relationships that are more than just centered around a single need or event, but sustain in the long term. By engaging at morning tea, lunchtimes, classes, events, breakfast clubs, leadership sessions, and extra curricular activities, our youth workers become familiar, relatable faces, known by students throughout the school.</p> <p>We seek to be available to young people of all different backgrounds, and we recognise that many young people in need of support can fall between the gaps of existing services such as learning support and counselling. Our youth workers understand young people (more than I do, anyway!) and so know how to enter their world and engage in a way that is relatable and inclusive.</p>	<p>Staffing costs: 39,057.08</p> <p>Leadership Training and development: 6,000</p> <p>Tools, equipment & games: 1,600</p> <p>Administration: 280</p> <p>Communication allowance: 1,920</p> <p>Programme costs: 1,500</p> <p>24-7 network levy: 3,993</p>	\$ 54,350	\$ 4,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Poverty	<p>Our program is broad enough to encompass a number of social issues, while the degree to which these are addressed may vary throughout the year depending on the issues presented by students at school.</p> <p>Social isolation and loneliness: Often, our youth workers will encounter a young person sitting on their own during break times, and so they will engage with them and help connect them to others in the school. Similarly, some students find themselves excluded from activities such as sports games, and our youth workers are intentional about including these young people, encouraging them, and shifting the culture of the young people around them.</p> <p>Reducing the impact of poverty: In term 4 of 2021, our youth workers were tasked with revitalizing the school breakfast club. While there is ample supply of breakfast food available, few students show up (while we are aware many students still go to school hungry!). Our youth workers host the breakfast club on Thursdays, bringing games, baking, and good conversation to the table! We also connect to other organisations, including kai with love, to provide food support to students when needed. Finally - hungry students tend to struggle more at school, and we help work through those outcomes and give students something to look forward to at school.</p> <p>Improving community wellbeing: When young people thrive, the community thrives. Our youth workers work hard to be role models that students can aspire to mirror, and this flows to the community.</p>	<p>Our term reports highlight the work that the youth workers have been involved in throughout the term, identifying which goals have been achieved, and which goals to set for the term to come.</p> <p>At the end of each year, the team leader will also produce an annual feedback survey. Staff, students, and youth workers will each fill out surveys to provide insight into the effectiveness of the program over the course of the year.</p>	<p>Our program works in collaboration with the following organisations:</p> <p>24-7 Youthwork Unite Church Nelson College Annesbrook Church Kai with Love</p>	<p>The Nelson community will benefit due to the flow on effect of many of the outcomes noted above. For example, when a student is enjoying and attending their school, they are less likely to cause trouble in the community. Additionally, when a young person meets their educational goals they are an asset to the community in which they live. By removing barriers to success, and helping students to be reflective, show empathy, learn to cooperate, and feel like they belong, the Nelson community will reap the rewards.</p>	<p>Application for strategic grant unsuccessful - suggested they apply for small grant.</p> <p>New organisation (2021) to provide 24/7 youth programme in Nelson College</p> <p>Meets CIF criteria - schools based youth programme</p>	\$3- 4000

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Annesbrook Trust	Annesbrook Community Trust focuses on helping the Community especially the next generation. The trust provides two projects called Shinegirl and 24-7 Youth work within the local schools.	24-7 Youth Work	<p>24-7 Youth Work focusses on five main outcomes</p> <ol style="list-style-type: none"> 1. Supporting students and staff - listening, encouraging and helping young people overcome challenges 2. Building positive relationships - connecting them with the right people to become more social within school or community. 3. Cultivating school spirit - encouraging students on school events to support their school by coming alongside them, dressing up in the house colours and joining in on the activities 4. Leadership development - showing the school peer mediators how to mediate situations, encouraging leadership potential within students at Kapa Haka. 5. Integrating students with out of school activities - Connecting them with the right services or after school programmes that will positively impact their lives. <p>A major issue within schools today is social isolation. Ivy Jeffries Youth Worker in NCG and Nayland College says "I work with a student who struggles with social anxiety and processing disorder, which causes her to isolate herself. She doesn't understand social cues and struggles to interact with her peers so sits by herself at break times. I have been working with her for over a year and she has found a great group of friends and has been learning how to be in group conversations without having a panic. She was isolating herself so much that she was only going to two classes a day, but now goes to 5 classes a day".</p> <p>The grant will be used to keep our youth workers within the schools.</p>	Our main project costs is our youth workers wages. We have three Youth Workers within three schools. Broadgreen Intermediate, Nelson College for Girls and Nayland College. Each youth worker does between 10-25 hours a week.	\$ 94,176	\$ 10,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI	<p>Social isolation is major issue at the moment. The youth workers look out for those ones sitting by themselves during break times and it is a huge priority to connect them with like minded students, so they are never alone during breaktimes. We are unafraid to go and chat to these young people, we build a relationship and trust with them and introduce them to others. These young people feel comfortable with us and so become comfortable when we sit with a group of students and we introduce them to this friend group. It is amazing what can happen in those moments. Social isolation can happen because they spend a lot of time gaming or on social media which can cause social anxiety. if this is the case we will find students who are gamers and connect them with each other, they normally hangout in the library and there is now a great group of students that play cards together if they don't have access to computers. When we chat to students it shows these young people that it is okay and they are safe.</p> <p>Our students wellbeing is important because they are apart of our community, and we want to see a thriving healthy community. We make sure our young people have food and water and if not we have access to free food in schools. We chat to them about dreams and a purpose for the future. We make sure their mental and emotional health is okay and if not we refer them to a counsellor. We often walk and chat with the students so they get some happy endorphins flowing. Hauora is important.</p>	<p>Helping change young peoples lives is not measureable. But we do have testimonies of people who have been working with/had a youth worker and how that has impacted them and how it has changed them in our Termly Newsletters, which we will send out to you. Our youth workers have online diaries which they record how many people they meet with in that day. Also 24-7 Youth Work is mentioned in the Government mental Health inquiry as been one of the most significant services.</p>		<p>We would be able to carry our work on within the schools, keeping consistency with the kids we see each week.</p>	<p>Strategic grant application unsuccessful - new, more focused application</p> <p>Previous grants \$4000 in 2019; \$5000 in 2020 - accountability rec'd & ok</p> <p>Provides 24/7 programme in 3 schools (NCG, Nayland, Broadgreen)</p> <p>Meets critiria - contribution recommended</p>	\$5,000

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Barnardos NZ	Barnardos shapes brighter futures together with children and families in Aotearoa. We work with them to build nurturing relationships and resilient homes and communities, so that children reach their full potential. We're there for the whole childhood journey. Our mahi across social services, early learning services, and advocacy for children's rights and wellbeing contributes to Barnardos' vision of 'an Aotearoa where every child shines bright'. Every day, we're making a positive, long-lasting difference to children's lives. Because when tamariki shine bright, Aotearoa shines bright.	Inspire Kids Programmes in school	<p>After the success of a pilot programme in Stoke School 2021 and with support from Nelson City Council, we want to run two Inspire Kids programmes in Stokes School and Auckland Point School. The Inspire Kids Programme aim to help children understand and manage their feelings, develop emotional resilience and enhance peer relationships.</p> <p>Both these schools have identified students who would benefit greatly from Inspire Kids and have reported increased rates of students struggling with their mental health since the COVID-19 pandemic began. This is a trend our social workers have also identified whilst working in Nelson and the surrounding areas as part of our Child and Family Social Work services.</p> <p>In 2021, the Inspire Kids Programme ran the programme for students aged between 9-11 years old and was led by 2 Barnardos Social Workers. The programme ran over eight sessions, taking place in Term 2 in 2021 covering the topics of feelings and emotions, safety and self-esteem.</p> <p>One of the key themes identified during the programme was that students had been impacted by the COVID-19 to a greater extent than anticipated. They identified that most of their feelings of worry had are related to COVID-19, about their families jobs, about seeing their friends and whether they would be able to play sport again. With the current delta outbreak, we anticipate the uncertainty that children will be facing will continue, making this programme more relevant and needed than ever before.</p>	<p>Inspire Kids programme 2021/2022 (per programme) - two social workers delivering the programme 6hrs preparation 6hrs x \$45 \$270 16hrs programme delivery (2x SW) \$1440 4hrs post evaluation \$180 Session resources \$400 Total cost per programme \$2,290 X 2 programmes = \$4,580</p> <p>Food (\$20 per session)\$160 Resources – Play material, stationary, printing etc (\$30 per session) \$240 Total cost \$2,290 per programme</p>	\$ 4,580	\$ 4,580

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
wellbeing ge	The Inspire Kids programme gives children the opportunity to learn how to self-regulate their emotions, engage in more successful interactions with people around them, allowing them to positively contribute to their environment. The programme will be a safe place for the children to be able to express and talk about any feelings, it will also help children learn to express their feelings and emotions in a healthy way to their peers and family. These learnings encourage them to build and maintain connections within their community, the teaching them them to engage, listen and support others. These skills will help children maintain successful relationships and would can possibly help act as preventative measure for more challenging behaviours later in life.	At the end of each programme Barnardos Social Workers running the course undertake an evaluation of the success of the programme. This is based on the engagement of the students who participate and feedback form the schools where the programme has taken place.	Stoke School and Auckland Point School have both expressed that they would love to work with Barnardos and for the Inspire Kids programmes to run for their students.	<p>Inspire Kids is a unique programme that enables children to build emotional resilience by learning to identify their feelings, manage their emotions and understand the emotions those around them may be experiencing. Children learn how to support their own wellbeing by creating a toolkit of skills to use when experiencing a range of emotions, and also how to support their peers and whānau when they might be struggling.</p> <p>The Inspire Kids programme would help build family emotional resilience which would in turn help strengthen the community. Children can learn to navigate emotional interactions more confidently.</p> <p>With some very serious mental health trends being reported and a lack of local counselling services available, assisting children with skills to develop their emotional resilience in tamariki in Nelson is more important now than ever.</p>	<p>Replaces unsuccessful strategic grant application</p> <p>Previous grants: \$2,500 p.a. 2019/2020 (dads programme)</p> <p>Accountability ok</p> <p>Schools-based programme - 'social work' with small cohort in 2 schools Meets criteria - but is it a priority?</p> <p>Suggest low priority - partial contribution (if any):</p>	0 - \$3000

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Blind Citizens NZ Nelson Branch	Blind Citizens NZ is a charitable organisation of blind and low vision people in New Zealand who advocate and actively pursue full participation in the economic, political, social and cultural life of the community; safe and blind-friendly access to and use of all aspects of the built environment, including public transport and blind-ness related services that enable members to approach everyday life with independence, confidence and dignity. In Nelson we pay particular attention to the social aspect as most of our members are elderly and many are socially isolated.	Increasing Social Interaction.	<p>To hold 3 General Meetings and an Annual General Meeting in a calendar year for members of Nelson Branch of Blind Citizens NZ.</p> <p>To provide regular opportunities for our members to socialise in-person with their peer group of mainly elderly people from the blind, low vision and vision impaired community;</p> <p>To enable our members to contribute to, and be informed about, advocacy work undertaken on their behalf by the branch committee and national organisation;</p> <p>To provide regular newsletters to our members to keep them up-to-date with a range of information particularly relevant to their situation. Being elderly many of our members still prefer and use regular mail, rather than having access to email.</p>	<p>Budgeted Costs for a Year:</p> <p>Venue Hire \$90</p> <p>Catering: \$160</p> <p>Door Prizes: \$100</p> <p>Newsletters: \$200</p> <p>Total per annum: \$550</p> <p>Funding Applied for Costs for Three Years: 1 January 2022 to 31December 2024)</p> <p>Venue Hire: \$270</p> <p>Catering: \$480</p> <p>Door Prizes: \$300</p> <p>Newsletters: \$600</p> <p>Total for three Years: \$1650</p>	\$ 550	\$ 550

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI	Through meetings and newsletters,(and our regular phone contact), we provide regular opportunities for members to meet, to socialise , to relax, and to be kept up to date with relevant information. This is particularly important at this time as members have tended to isolate them selves more than previously. They know that our meeting venue provides a safe environment. At the meetings we are also able to tell them about safety measures and changes within the city, for example the Barns Dance crossing, the correct placement of leaders and tactile dots at intersections, (after input from committee members), that makes them feel that the city is a place for them as well.	Members are keen that regular meetings continue to be held for them to attend. We regularly discuss with members the form our meetings should take, and what they would like to happen at them. Annually we survey our members to assess what we could do better, what needs changing or improving or how their needs can be better met.	Service organisations such as the Soroptimists, the Lionesses and members of the Vintage Car Club provide transport for our members to attend our meetings as well as assisting with the running of the meeting and serving afternoon tea. This assistance is much appreciated.	There will a group of residents that feel better about themselves, more confident about their environment and are more willing to come into the city to socialise and spend money. Coming to regular meetings encourages blind and low vision people to socialise and to make links with others to make contact outside of the meeting venue. As the committee continues to work with the Nelson city Council on a range of issues the city environment becomes a safer, more welcoming place for our members and others with disabilities.	Replaces previous 3-year strategic grant application Previous grant in 2019 - accountability ok Modest request Option to fund contribution for 2 years	\$500 - 1000

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Community Action Nelson (CAN)	CAN works with others, especially with the Community and Voluntary Sector to improve the opportunities for organisations to achieve their goals and to increase wellbeing for vulnerable families/whanau. Our current focus is on the vital issue of affordable housing in this region - emergency, rentals and purchases.	Community led conversations on housing	Can would bring together interested parties with diverse views together to discuss issues around affordable housing in this region. CAN will work with other key parties to improve the wellbeing of the most vulnerable members of our community. Funds would be used to hold more of the successful Conversation Cafe evenings and hold workshops with people in design and construction sector. We will hold focus groups with tenants on tenancy and other housing issues and provide a "community voice" for Nelson and Tasman Councils. We will work with NCC to encourage Top of the South Impact Group to hold housing seminars and also hold a workshop with the construction sector to identify concerns/barriers for NCC consideration. CAN provides a vehicle for NCC and TDC to engage with people needing housing, the construction sector and social agencies who work with people effected by the housing affordability crisis. This ranges from young families, potential workers, retired people who are all struggling because of housing shortages.	<p>Four events/workshops to be held over the next year:</p> <p>Venue: \$400 Planning, preparation: \$800 Report/printing: \$1,000 Refreshments: \$600 Website/social media: \$400 Promotion, fliers, etc: \$800 Guest speakers/travel costs/accommodation \$2,400 TOTAL: \$6,400</p> <p>4 Focus groups: venues: \$320 Refreshments: \$200 Facilitator: \$800 Report writing: \$300 TOTAL: \$1,620</p> <p>Attending national forums on housing Flights: \$600 Accommodation: \$400 Expenses: \$200 TOTAL: \$1,200</p> <p>Grand total \$9,220.00</p>	\$ 15,000	\$ 9,220

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI/Housing/P	<p>Reducing social isolation: We have extensive networks with agencies and directly with those experiencing social isolation exacerbated by lack of housing and the impact of that on their social networks and support</p> <p>Reducing housing vulnerability: we would reach out to homeless and people in substandard housing to highlight their issues and connect them in with agencies and support</p> <p>Reducing the impact of poverty: housing and poverty are often correlated. We would explore this more in our workshops and focus groups to better inform the wider community of ramifications of poverty on health, housing and general wellbeing</p>	<ul style="list-style-type: none"> - number of people attending Conversation Cafes - number of people attending focus groups - representation of CAN members at wider forums and national hui on affordable housing issues - provide participants feedback of events held 	<ul style="list-style-type: none"> - Community and Whanau network - NGO sector - local government - central government agencies including Kainga Ora, Police, Health, Oranga Tamariki - Construction sector 	Note: not asked in strategic grant applications	<p>Application transferred from strategic grants (as recommended)</p> <p>Previous funding:\$3000 for community conversations on housing project (Not CIF) - successful outcomes.</p> <p>Small volunteer group with strong track record</p> <p>Suggest grant to contribute to community conversations / cafes on housing</p>	\$3-5000

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Diabetes New Zealand	Diabetes NZ is the sole national voice which provides vital diabetes information across New Zealand. We develop and distribute quality information; provide education and support services for people living with diabetes. Type 1 Diabetes can pose significant challenges for young people and their whanau as they move to self-management for physical health risks, wellbeing stresses, financial pressure, and fitting condition management around their lives. Our Nelson Youth Branch offers: • Peer-to-peer and family support • Education/information workshops • Activity based events • Annual family camp.	Live Brave Mana Ora – Diabetes Youth Nelson Family Camp	<p>Live Brave Mana Ora is Diabetes New Zealand's overarching programme designed to represent and support children, and young people who live with Type 1 Diabetes (T1D) and their families through an annual calendar of events.</p> <p>Our annual Family Camp enables T1D affected families from the top of the South Island to meet, share, learn and support each other.</p> <p>The activities, education sessions and social interaction at the camp help families to build a stronger support network so that they feel less alone or isolated. Valuable diabetes management skills learnt at camp positively crossover into all aspects of life.</p> <p>We run a number of activities and workshops over the weekend, combined with social peer-to-peer support.</p> <ul style="list-style-type: none"> • Workshops with medical professionals. • Confidence building activities for T1D young people and their whānau. • Educational sessions exploring treatment, self-management and technology options. • Social activities for the community to share their experiences and provide peer-to-peer support. <p>Live Brave Mana Ora events, including Family Camp, deliver: Confidence (Whakamanawa), Inspiration (Whakaohoho) and Independence (Motuhaketanga).</p> <p>Support from Shape Nelson will allow Diabetes NZ Nelson Youth Branch to continue to provide our unique and valuable service for young people living with T1D and their families in the Nelson/Tasman region.</p>	<p>Camp Fees : \$6,100.89</p> <p>Activity Costs : \$1,608.75</p> <p>T-shirts : \$1,022.10</p> <p>Printing and Laminating : \$173.91</p> <p>Thank You Gifts : \$200.00</p> <p>HYPO Treatment Costs : \$43.48</p> <p>Direct Time – Branch Coordinator : \$1,272.00</p> <p>TOTAL EXPENSES : \$10,421.13</p> <p>Administrative Support : \$2,605.28</p> <p>TOTAL : \$13,026.41</p> <p>INCOME :</p> <p>Camper Contribution : \$975.00</p> <p>Industry Rep Contribution : \$240.00</p> <p>Total Income : \$1,215.00</p> <p>BALANCE : \$11,811.41</p>	\$ 11,811	\$ 10,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI	<p>Through our Live Brave Mana Ora programme (in particular, Family Camp) Diabetes Youth Nelson helps families living with T1D to improve their quality of life. The extended results benefit not only youth with T1D, but their whanau as well.</p> <p>All family members will gain an increased belief that it is possible to live the lives of their choosing while managing type 1 diabetes</p> <p>Children and Teens with type 1 diabetes:</p> <ul style="list-style-type: none"> • form lasting supportive friendships were counting carbs, testing blood sugar levels and administering insulin is normal • improve confidence in managing their diabetes independently in different scenarios • gain courage to try new activities and new approaches to diabetes management • enhance self-esteem, confidence and improve mental attitudes leading to a reduction in diabetes-related distress and depression <p>Parents:</p> <ul style="list-style-type: none"> • gain increased confidence in allowing their child to manage their diabetes independently. • reduce anxiety as a result of seeing their child being active and safe, increasing their independence and developing supportive friendships. <p>Clinical teams will develop:</p> <ul style="list-style-type: none"> • increased understanding about the impact of type 1 diabetes on active youth, resulting in an increase in skills for providing best practice care • trusting relationships with their patients through having fun together. • Clinical teams and other diabetes support professionals will 	<p>Regular attendance at our events highlights the need for a group such as ours for this vulnerable part of the Nelson/Tasman Community. We continue to measure the impacts Diabetes Youth Nelson has via verbal feedback and an evaluation form following Family Camp each year. Feedback from Camp 2021 was overwhelmingly positive and our event and education sessions continue to be well attended.</p>	<p>We work closely with the NMDHB for development of our camp and education sessions.</p>	<p>Our branch supports a vulnerable part of the community and continues to provide positive impacts to our families including:</p> <p>Reduced feelings of isolation from living with T1D</p> <p>Increased wellbeing at school and sense of belonging in all aspects of life</p> <p>Increased understanding and enhanced self-management to reduce long-term health complications</p> <p>Promotes emotional resilience and confidence in living with diabetes.</p> <p>Provides the opportunity to meet, share experiences and learn more from each other and</p> <p>Encourages young people to take responsibility for their own wellbeing and develop appropriate levels of independence</p> <p>Raising diabetes awareness in the community is a benefit to the whole Nelson/Tasman region. Sharing knowledge of programmes</p>	<p>Regional (Te Taihupo) project 2020 grant \$2000 towards costs of camp 2021: accountability ok</p> <p>Primarily health based initiative, meets overall criteria.</p> <p>Suggest a low priority - partial contribution can be supported (proportional for Nelson: max 1/3)</p>	0 - \$3000

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Empowerment Trust	Our mission is to teach people of all ages and abilities how to use their own power to stay safe, seek support for themselves and others, and believe in themselves. Since 1993 over 90,000 people participated in our interactive programmes. Our approach is unique, evidence based, and can support the family Violence and Sexual Violence Prevention Strategy and work programme on the individual and community level of the social-ecological primary prevention model. We provide primary prevention work that is trauma informed and evidence based. The kidpower approach is empowering, dynamic and fun.	Face to face Kidpower	<p>Due to ongoing demand, we are making this application for funds to deliver six kidpower sessions in Nelson. Four to be delivered in local Nelson pre-schools, so the children are equipped with these valuable skills before they enter the big primary school world. And two public kidpower sessions delivered out of school hours. Each preschool will receive</p> <ul style="list-style-type: none"> •Teacher PD •Parent/Whanau Education session •2 x KP sessions over the 1 day <p>All programmes use:</p> <ol style="list-style-type: none"> a) carefully formatted and coached role-plays, b) visuals, c) group activities, discussion and practices, <p>In every-day terms participants practice how to:</p> <ul style="list-style-type: none"> • take charge for their own and other's safety, • keep safe when on their own, • get help safely from trusted people and also strangers, • stop bullies and inappropriate touch or behaviour, • cope with peer group pressure, • turn fear into positive practical action, • recognise an emergency situation, and take quick, effective action, and • as a last resort, use effective physical defence skills only to stop violence and get help <p>Children who attend, along with their teachers, practice age-appropriate People Safety skills for being safe with strangers, peers, and other people they know. Parents/whanau gain skills and language to help themselves and their children practice successful communication in age-appropriate ways. Teachers, childcare providers, counsellors, and other professionals learn direct applications of People Safety skills relevant to their own specific work situation. Participants learn applications of skills to improve students' People Safety skill competency as well applications to support a safe, positive learning</p>	budget attached	\$ 5,000	\$ 4,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI	Addressing social issues and Improving learning opportunities Our goal is to continue to build a safer community with positive strategies to stop violence. To empower people of all ages and abilities with positive, effective empowerment training so they have the tools and confidence to stay safe, act wisely, believe in themselves and enjoy living to their full potential. We aim to bring this training to people from all walks of life through continuing to work with local kindergartens, schools and the refugee community in collaboration with Nelson Tasman Multicultural Council.	We monitor, measure, and evaluate the outcomes of our services by collecting and analysing: ♣ Regular verbal feedback during and after workshops, ♣ Evaluation forms & drawings (by younger children and groups for whom English or writing creates a barrier) ♣ pictures and videos ♣ Informal feedback and anecdotal evidence ♣ follow-up 3 months after the workshop Plus follow up on all questions or concerns and encourage honesty in evaluation feedback	We continue to work with local ECE's, schools and community groups as well as Nelson Multicultural Council.	Note: not asked in strategic grant applications Note this is a Nelson/Tasman based organisation, with national reach	Transferred from Strategic grant funding Credible organisation. programme to teach children strategies how to respond to unwanted attention Grant \$3000 in 2020: accountability ok Question whether this is a priority for CIF Reasonable cost: if funded, suggest contribution only	0 - \$3000

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Garden to Table Trust	Since 2008, the Garden to Table Trust has been teaching tamariki how to grow, harvest, prepare and share good food, building life-long skills that also have a positive impact on their family, whanau and community. We do this through the Garden to Table programme - a curriculum-linked food education programme run in schools and kura which empowers tamariki with a love of fresh food and the skills they need to grow and prepare it. The knowledge and skills tamariki gain are expected to have a transformative and life-long impact on their health and wellbeing, and the world around them.	Garden to Table Nelson	<p>We are applying for funding towards the salary cost of a locally-based regional coordinator for the Garden to Table programme in Nelson.</p> <p>We have been working with schools in the Nelson region since 2018 and have 2 schools currently being supported by our regional coordinator in Christchurch. We know from experience that having a representative embedded in the community means we can provide better support to the schools running the programme, build relationships with other local organisations to benefit the schools and encourage other schools to set up their own programme so more tamariki can benefit.</p> <p>The regional coordinator will provide the necessary advice, expertise, training and support that schools need to successfully establish and maintain their own food education programmes, delivered by and meeting the needs of the local community. They would run local workshops and trainings for school staff and volunteers and hold open days for schools and other stakeholder who want to see the programme in action and/or want to network and learn. The programme is flexibly designed so that schools can deliver the programme in a way that suits the needs of their students. By connecting the concepts of 'grow, harvest, prepare and share', the programme is highly practical and child-centric - not only teaching gardening and cooking skills, but also building awareness of individual and collective responsibility for the environment, healthy eating and community connectedness.</p>	The main project costs are: salary for a regional coordinator (\$38500), mileage (\$1500) and home office expenses (\$400). As the regional coordinator is expected to cover the 'Top of the South' we have attributed 1/3 of these direct project costs to Nelson.	\$ 40,400	\$ 10,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
wellbeing ge	<p>There are so many benefits for tamariki involved in the Garden to Table programme, across multiple aspects of physical and mental health and wellbeing, education and learning, and community connectedness. And much of the learning and skills development that tamariki gain from the programme is transferred through the enthusiasm they take home to family and whānau.</p> <p>As well as helping tamariki to develop a life-long love of good food and the associated health and wellbeing benefits, developing garden and kitchen skills helps grow tamariki's self-esteem, confidence and pride in their abilities. Tamariki learn about sustainability and environmentalism; recycling, composting, waste reduction and water management. The programme can be hugely beneficial for tamariki who do not thrive in the traditional classroom environment and teachers have told us they see improved behaviour through tamariki being engaged with hands-on learning.</p> <p>For the wider community, volunteering opportunities allow for increased family/community engagement, and wider knowledge and skill sharing. Schools often share surplus produce with their local community.</p> <p>As one principal told us, "This is a programme that not only provides amazing learning and school development and connection to healthy food for our children, but also a programme that brings the community together".</p>	<p>We will track participating schools numbers and undertake a survey to evaluate the benefits of the programme whilst seeking feedback that we can use to improve and develop the programme where necessary. We receive ad hoc feedback from schools about the programme impact on tamariki and community and will actively encourage schools to share their progress. We will also gather anecdotal evidence about the programme from school staff, volunteers, our staff and other organisations we work with.</p>	<p>We are currently working with 2 schools in Nelson, Stoke School and St Paul's School. Once the regional coordinator for the area is on board, we expect them to work with other local community organisations relevant to programme.</p>	<p>The Nelson Community and residents will benefit from having tamariki in the area who are learning how to grow, harvest, prepare and share good food, and to make better food choices, with the associated positive impact on health and wellbeing. And when those tamariki take their learning home, family and whānau will benefit too. Those tamariki will also learn about the environment and how it relates to growing food as well as an improved understanding of environmental sustainability which we expect would have both an immediate and long-term benefit for the environment and the local community. There will also be the opportunity to benefit from local volunteering opportunities in schools as schools rely on local volunteers to help run the programme. This can help to reduce the isolation felt by some community members and provide an opportunity for increased social connection.</p>	<p>National organisation, looking to expand Nelson/Tasman service. Schools based programme in 2 schools currently (Stoke & St Pauls - note St Pauls is based in Richmond/Tasman)</p> <p>Primarily an environmental programme; limited Nelson involvement in the programme development. (To refer to Environment team)</p> <p>Not seen as a priority for CIF funding</p>	not recommended

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Health Action Trust (Nelson)- COMPASS Peer support & Advocacy Service	<p>As a Health Promotion NGO, Health Action Trust applies the Mental Health Foundation's FIVE WAYS TO WELLBEING across all its mental health and addiction services, including mental health promotion. The five ways to wellbeing are:</p> <p>COMPASS Peer Support and Advocacy service has been operating for over 17 years in our community. It was one of the first of its kind in the country and continues to be put forward as a model of best practice, not just locally but also nationally. We offer support to many of our vulnerable whanau that have challenges with their mental health & Addictions.</p>	HEALTH ACTION TRUST- EatWell, LiveWell, StayWell programme	<p>COMPASS participates as part of the Nikau Hauora Hub running Peer Support Services for all whanau using the services and linking them with the community to find the assistance they require. As part of the Nikau Hauora Hub, we participate and run initiatives within the weekly programme and we would like to be able to include this new initiative, which we hope to be able to include this on Tuesdays and Thursdays for whanau.</p> <p>Where whanau can develop skills and knowledge around nutrition and safe food preparation.</p> <p>See outcomes and Nelson community benefit for more information and a further description.</p>	<p>HEALTH ACTION TRUST EatWell, LiveWell, StayWell programme</p> <p>DescriptionCost</p> <p>Utensils, aprons and kitchen aids\$450.00</p> <p>Stores and pantry items\$6,000.00</p> <p>kitchen appliances\$1,000.00</p> <p>Koha for guest tutors eg: barrista, dietician, nutritionist, horticulturalist, public health, etc\$1,000.00</p> <p>Evaluation\$500.00</p> <p>Total cost\$8,950.00</p>	\$ 8,950	\$ 8,950

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Wk&Lea	<p>The five ways to wellbeing are:</p> <p>Give – Your time, your words, your presence</p> <p>Be Active – Do what you can, enjoy what you do, move your mood</p> <p>Keep Learning – embrace new experiences, see opportunities, surprise yourself</p> <p>Connect – Talk and listen, be there, feel connected</p> <p>Take Notice – Remember the simple things that give you joy</p> <p>The five ways to wellbeing are incorporated in our EatWell, LiveWell, StayWell wellbeing initiative</p> <p>Give – Engage ,share their time, skills , teach & learn with from others including understanding and demonstrating hygiene, food management and handling skills .</p> <p>Be Active – exercise balanced diet are key to good health.</p> <p>Connecting with nature, sharing kai , activities lead to increased energy mood levels as well as immunity and resilience. Being active assists with better sleep .</p> <p>Keep learning- will enable whanau to learn new skills with everyday life challenges and encourage wellbeing & knowledge. Opportunities, employment, new relationships, resilience, education, nutrition. All social determinants of health.</p> <p>Connection – Involvement whanau will feel a sense of inclusion through the activities. Connection is important the EatWell, LiveWell, StayWell programme will connect vulnerable populations by encouraging participation and ultimately lead to limiting social isolation.</p> <p>Take notice - the importance of food. Understanding this & applying it will allow whanau to see how they can be in control of when, how</p>	<p>Health Action Trust evaluate all programmes and our EatWell, LiveWell, StayWell initiative is no exception. We use outcome based reporting and will therefore capture information on how many people engage, outcomes on health and wellbeing, knowledge gained and ideas for further development.</p>	<p>Nikau Hauora Hub</p> <p>Te Waka Hauora (Maori Mental Health) – Tāne grp</p> <p>Health Action Trust- COMPASS (Community Peer Advocacy and Support Service)</p> <p>Te Piki Oranga (Maori Mental Health & Wellbeing Services)</p> <p>The White House inc</p> <p>The Womens house</p> <p>The Male Room</p> <p>Pathways</p> <p>Kai Rescue</p> <p>Community centers & agencies</p>	<p>Our EatWell, LiveWell, StayWell initiative will give the most vulnerable people in our Nelson community an opportunity to connect and learn new skills which will improve their wellbeing and general day to day life. This will give whanau the tools/skills they need to learn the importance of the part that food and nutrition play in our everyday lives and the impacts it has on overall wellbeing. It will also support whanau to develop skills to build their resilience through times of challenges eg: COVID19 lockdown restrictions, as they may not have access to ready prepared meals and they will have the skills to prepare their own. It also gives whanau the skills to understand the importance of what we put into our bodies has an impact. For whanau who are feeling socially isolated, it gives an opportunity to connect and not feel isolated. By whanau involvement in this it also allows staff & families to foster relationships giving an opportunity to connect and assist whanau if required.</p>	<p>Previous grants for COMPASS programme for peer support initiatives- \$2500 in 2020) - accountability ok</p> <p>The project is a 'healthy eating' initiative based in the Nikau Hub - suggest that this is primarily a Health project. (Note Nikau Hauora Hub is a NMDHB service)</p>	not recommended

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Intentional Education Nelson Tasman (INTENT)	INTENT is the holding organisation for Uprising!. Uprising! is a 6 (3 + 3) month education and support programme that combines life skills education, outdoor adventure (and other) activities, and pastoral care. It is for marginalised adults in Nelson and Tasman who are in the justice, welfare or health systems. It provides people with a chance to access education, support, advocacy, self-development, connection, fun, adventure and a brighter future where they can live with a sense of purpose, fulfilment and freedom. It creates change by being wraparound and developing mind, body and spirit.	Start up costs for establishing INTENT.	Setting up our organisation is a commitment requiring substantial time, effort and money. The grant would be used for further establishing the organisation that will run the Uprising! programme. This consists of time for formalising already existing relationships with key stakeholders like Corrections, Nelson Marlborough Health and MSD, and developing Memorandums of Understanding with partners where necessary. It would also be used for developing necessary administration systems and a Safety Management Plan. We would conduct further research into local and national initiatives and look to develop mutually beneficial relationships . It would mean developing a web and social media presence to raise profile and make our organisation visible to stakeholders. Finally, it would contribute to sourcing premises and the human capital we need: a co-facilitator for the programme and coordinator for the organisation to keep things running smoothly in the background so that the facilitators are able to fully participate in the very demanding delivery of the programme.	Formalising partner relationships 40hrs @\$50/hr =\$2000. Assembling policies and procedures 20hrs @\$50/hr = \$1000. Developing branding (outsourced) \$1000. Basic web page 10hrs @\$50/hr =\$500. Formalising SMP 40hrs @\$50/hr =\$2000. Total \$6500 Please see draft costings for Uprising! project attached.	\$ 157,222	\$ 6,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Wk&Lea	A small group of people interacting on a deep level will develop communication and deep connection. Participants will interact not only with other members of their group and facilitators, but also with partner organisations and others in the community. We expect that housing will be an issue for many who participate in Uprising!. We offer support and advocacy for them to navigate their way through systems like Work and Income and Kainga ora. We will also advocate for them and talk to prospective landlords on their behalf if appropriate. Education is one of the programme's cornerstones. Its curriculum is loosely termed Life Skills, but the learning involved is oriented towards and guided by the needs of the participant. This includes benefit and budget education. Defining values and setting goals are integral to the programme. Where these goals involve work then that will be a focus for that participant, or of that group. The people we are targeting are some of the worst hit but Covid-19. Participants will be better connected with their community, interacting more positively with their whānau, network and members of their wider community. Living empowered lives means they are more self aware, have aspirations and firm goals and will be better contributing members of society. They will learn about the value of giving back. We also intend to have content on basic civics and citizenship. Please see "Programme Outline" attached.	Programme attendance. Completion of sentences. Monitoring of participant reoffending. Securing housing. Being work-ready or securing employment. Feedback from students, referring agencies and other stakeholders. Student assessments on change in mental and physical health. Student assessments on skills gained from programme. We are still working on calculating our ROI.	We will be working with a variety of community organisations for recruitment, referral, collaboration for content provision and activities. Please see "Recruitment" and "Stakeholders" diagram attached. Of note, these relationships take a lot of maintenance, which some NCC funding would be used for.	From the day we encounter them, we will make an impact on participants lives through listening to their stories. Recipients of our service will have greater confidence and self esteem. They will be better educated and empowered. They will be healthier, fitter and all going well, in stable accommodation. They will be more self-reliant, resilient and have supportive habits. This in turn means that they will be more productive members of society who contribute positively to their community. They will be more likely to be employable and less likely to be causing harm in the community or to be a tax on the community due to being tangled in the systems that we encounter them in. Uprising! is a win for both the participants and their community.	New organisation - not yet incorporated (28/10) - not eligible for a grant at this stage The programme is updated from a previous one - meets CIF priorities for 'work & learning' - but beyond the scope of CIF If/when incorporated, a small establishment grant may be considered. Recommend defer to the next CIF allocation - May 2020.	not at this stage

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Neighbourhood Support (Top of the South) Charitable Trust	<p>Top of the South Neighbourhood Support was formed in July 2020. It brought together well established Neighbourhood Support groups with over 20 years experience supporting communities in Nelson, Tasman and Marlborough into one regionally managed, but locally coordinated organisation.</p> <p>We create safe, resilient and connected communities. Kia haumarū, kia kaha, kia kotahi hoki ngā hapori.</p> <p>We support our members in neighbourhood groups by providing free access to training, information and support to connect. We undertake neighbourhood initiatives using community led development methodologies.</p>	Connected communities	<p>TSNS is an inclusive organisation, welcoming members of all ages, ethnicity, gender, socio-economic status & ability. We're free to join and deliver events & services at no cost to members. We're committed to ensuring that poverty and/or housing vulnerability isn't a barrier to being an active part of the Nelson community. We celebrate connections and collaborate.</p> <p>Our Connected Communities project will deliver a number of free workshops and events in Nelson neighbourhoods designed to empower community members to improve their neighbourhoods through social connection and community-led development projects.</p> <p>The Connected Communities workshop provides participants with information on community-led development and the opportunity to develop a plan that will improve their neighbourhood, or support residents. They are offered ongoing support and mentoring for their projects. One project per workshop will receive more intensive support and funding to see it to completion.</p> <p>Connected Communities will deliver 5 'street' BBQs, in areas identified by Council as having greater housing vulnerability and income deprivation. These events will be catered, and will provide residents with a low-key social hosted event, where they will be able to get to know one another, hear about local initiatives and support, including TSNS. We hope to replicate the kiwi backyard BBQ that neighbours in Nelson enjoy, in environments where this is not always possible due to housing or income vulnerability.</p>	<p>Connected communities workshops (5) - venue cost, facilitation, catering, materials \$2500</p> <p>Street BBQs (5) - BBQ hire, food, cleaning, marketing and promotion \$5000</p> <p>Community-led project mentoring and support (5) \$5000</p> <p>Project management, administration, marketing and IT \$10000</p>	\$ 22,500	\$ 10,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Wk&Lea	<p>People in low income households, or those facing housing vulnerability are more likely to be socially isolated. They are also less likely to participate in community and neighbourhood events. The flow on effect is that tamariki and rangitahi in their care miss out on participating in community events. By removing the cost factor, we will create opportunities for Nelson residents in these communities to get to know one another and connect, over local kiwi BBQs. We will work with people in the identified streets or neighbourhoods to design each event, walking alongside the residents, rather than imposing services on them.</p> <p>In Nelson, it's often who you know, as much as what you know. We want to encourage people to participate in our Connected Communities workshops and develop projects and initiatives themselves. By providing ongoing mentoring and support, we will work alongside participants to champion their success and to connect them with like-minded groups and support providers to widen their sphere of influence. We will teach skills and partner with appropriate stakeholders, such as Multicultural Nelson Tasman, Age Connect and Volunteer Nelson.</p>	<p>Top of the South Neighbourhood Support Connected Communities success will be assessed and evaluated by:</p> <ul style="list-style-type: none"> * the delivery of workshops and participation levels * neighbourhood engagement in the planning and delivery of street bbqs * the successful completion of community-led projects and/or initiatives after completing a connected communities workshop 	<p>We will be inviting our partner organisations such as Age Concern, Volunteer Nelson, Multicultural Nelson Tasman and Whanake Youth to participate as appropriate.</p>	<p>It is in the best interests of all residents and members of the Nelson Community to have a socially cohesive society. A sense of belonging, participation, inclusion, recognition and legitimacy is known to have a positive effect on resilience, crime reduction, and improved health indicators.</p> <p>In order to develop a community of shared common values and civic culture, opportunities must be made for residents to form social connections, networks and social capital, based on a sense of trust, hope and reciprocity.</p> <p>TSNS wants to provide opportunities to neighbourhoods that might not otherwise have the opportunities for social connection, to relax together and bond within their neighbourhoods. We will empower residents to reduce social exclusion through supporting projects and initiatives that they determine as important for their neighbourhoods. We'll facilitate connection and build a sense of solidarity and hope.</p>	<p>Note TOSNS received a \$8,000 3-year strategic grant for core neighbourhood support & connecting services</p> <p>Previous grants (\$7000 p.a. 2018-21) accounted ok</p> <p>Project is for a specific community connection in communities with significant housing vulnerability - eg families living in campgrounds/motels.</p> <p>Application is eligible: meets CIF Priorities:</p> <p>If funded, a contribution is justified.</p>	<p>If supported: suggest \$3-5000</p>

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Nelson Community Toy Library	At Nelson Community Toy Library we provide a toy lending service to families with young children (from 0-7years) in the Nelson area. We offer a variety of high quality age-appropriate toys with low membership fees that are affordable to families of any income. We aim to be inclusive across demographics, and believe our service is particularly helpful for low-income families, giving access to high value toys and equipment while at the same time enabling children's interests to be met in a more sustainable way.	Spouting and shelving for new storage shed	We have recently built a storage shed adjacent to our Toy Library building - for several years we have struggled with a very small space and the Health & Safety issues that come with that. It has been particularly important during Covid to have sufficient space to quarantine toys (which we are doing at Level 2) to enable us to operate. Several years of fundraising and grant applications allowed to go ahead with the building which was completed in April 2021. We are now seeking funding for Stage 2 - the addition of spouting and downpipes to manage stormwater and meet Council requirements, plus internal storage shelving to enable us to utilise the space efficiently.	Materials and labour to install spouting, downpipes and a connection to stormwater soak pit. Materials and labour to build 2 internal shelving units along 2 sides of the shed. Also to line the back wall with ply to allow for installation of hooks for additional storage	\$ 3,300	\$ 3,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Poverty	<p>Reducing the impact of poverty - our toy lending service can help families of any income access play equipment and toys for their whanau at very low cost. Toys have been proven to encourage creativity, self-confidence and academic abilities, and access to our wide range of educational toys gives all member families this opportunity of enrichment.</p> <p>Our service also helps improve Community Wellbeing by providing a location for families to connect and support each other - as most of them help at the library as part of their membership. There is a collaborative approach to running the library with a committee of member parents taking officer roles, and all members encouraged to contribute ideas and assist with fundraising. We foster connections with organisations such as the Kindergarten Association (participation in their Family Day), Nelson Library (collaboratively organised several events there including board game afternoons), and Red Cross (we have a relationship which has resulted in refugee families becoming members). Not only refugees but other families with young children without family support can often feel isolated and our service provides a place where people can connect (Reducing Social Isolation), especially when members help out and meet new people in a friendly and easy going environment.</p> <p>Funding towards the "shed project" will allow the committee to focus on other areas and ensure we continue to provide a valued service with a range of high quality toys</p>	The "shed project" allows us to continue to operate at Covid level 2 by providing space for toy quarantine, and if funding can be secured to complete the project the committee will be able to focus fundraising efforts in other areas - such as replacement of worn and broken toys, the purchase of new and duplicates of popular toys. We can evaluate the overall success of our organisation by maintaining and growing our member numbers.	We have worked with various organisations - Kindergarten Association, Nelson Library, and Red Cross - and aim to foster connections across the wider Nelson community	Nelson families will benefit by the continued provision of our Toy Library service, available to anyone who wishes to become a member, at low cost	<p>Last grant: \$1,000 in 2018</p> <p>Meets CIF small grant criteria as a specific project.</p> <p>Suggest a contribution</p>	\$2-3000

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Nelson Pride	Nelson Pride is a queer social group, formed in 2017, with the aim to improve social support and connection for LGBT+ people in Nelson. There are still societal prejudices against the rainbow community in Aotearoa, especially in regional areas. It is important for LGBT+ folks to have safe spaces, where we can celebrate our diverse experiences and embrace our authentic selves. Nelson Pride organises frequent social meet-ups (monthly "Saturgays"), and organises LGBT-positive events, including Nelson's first Pride Week in 2021, including Drag Bingo, Queer Heritage Night, and Pride Picnic	Let's Get Bolder Together Nelson (LGBT Nelson)	<p>Based on the success of the 2021 Nelson Pride Week (ran on less than \$1000, and with only a few months preparation), we could achieve a lot more with additional resources.</p> <p>The funding requested is tiered, with more funding requested in later years. This gives us the opportunity to up-scale our committee and event planning over time.</p> <p>In the first year, the grant will mostly be used for operational equipment and assets. This includes costs for such as:</p> <ul style="list-style-type: none"> A new marquee A teardrop flag Hot water urns Branded clothing for committee members (hoodies, t-shirts, pins) An online Dropbox Cost of building and maintaining a website First aid kit Business cards Catering Pride flags Tablecloths Accounting audits Costs for catering an annual AGM Venue hire for meetings Special events <p>In the following years, we look to expand our operations, this includes investing in storage facilities for our assets, a Post Office box, regular use of private meeting rooms, as well as regularly replacing any marketing materials and replacing our physical assets as needed.</p>	<p>A new marquee - \$200</p> <p>A teardrop flag - \$150</p> <p>Hot water urns - \$200 x 2</p> <p>Branded clothing for committee members (hoodies, t-shirts, pins) - \$500</p> <p>An online Dropbox \$17/month, \$200/year</p> <p>Cost of building and maintaining a website \$300</p> <p>First aid kits \$100</p> <p>Business cards \$100</p> <p>Catering monthly - \$1000 annual minimum</p> <p>Pride flags \$150</p> <p>Tablecloths \$50</p> <p>Accounting audit \$500</p> <p>Costs for catering an annual AGM \$300</p> <p>Speaker fees - \$1000 annual</p> <p>Approximate total \$4700-5000</p>	\$ 5,000	\$ 5,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI	<p>We have had anecdotal feedback that LGBT+ people in Nelson find greater community and support through the work already carried out through the group. Although the LGBT+ community is able to find each other online, there is still an essential need for in-person events. Nelson will benefit massively from a group that has the resources to run these events locally.</p> <p>We aim to be an inclusive group, prioritising family-friendly events so that older LGBT+ folks and families with children feel comfortable attending. The 2021 Pride Picnic had a significant turnout from families and youth, and we are keen to host more events that support these demographics.</p> <p>Our events also reach beyond those on the LGBT+ spectrum. The 2021 Drag Bingo Night attracted massive interest, selling out a week in advance, and had interest from the cisgender and heterosexual community as well.</p> <p>From these events of Nelson Pride Week, we received positive feedback through a survey sent to attendees. Using this feedback, we as Nelson Pride have gauged that our events and efforts are positively benefiting those of the LGBTQIA+ experience and/or identity.</p> <p>From this survey, we also gathered further suggestions from the community, such as a Pride Parade, extending events to the Richmond area and get-togethers beyond our current monthly schedule.</p>	<p>Nelson Pride runs an annual questionnaire of its members, to gauge interest in what direction the group takes, and what events members would be interested in seeing. We also produce budget reports, to determine what costs are associated with our key events. Monthly committee meetings ensure that our committee has the space to reflect on the successes of past events, and improve on plans for future events.</p>	<p>Q-Youth is a Nelson-based charitable organisation dedicated to providing support, advocacy, information and education for queer & trans youth and their friends, family & whānau, schools, workplaces, and wider communities. We have contact with QYouth committee members, and collaboration on projects.</p>	<p>Note: not asked in strategic grant applications</p> <p>This is a newly incorporated Nelson-based organisation.</p>	<p>New, recently incorporated organisation - although previously met informally</p> <p>Application transferred from strategic grants</p> <p>Meets CIF priorities</p> <p>Some costs not recommended for grant (eg food & clothing)</p> <p>Grant of \$2-3000 supported for general establishment and community engagement / awareness raising.</p>	\$2-3000

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
NELSON SURF LIFESAVING CLUB INCORPORATED	NSLSC are available to the community of Nelson for any inshore water emergency, this is not limited to boating or beach incidents but also we are called upon in server weather situations, car accidents involving water, lost children at the beach or any other situation where we can offer assistance. Our team responds to disasters within the Golden Bay, Nelson/Tasman area. NSLSC SAR's team trains for and in environments anywhere from the rivers of Murchison and Motueka to the beaches of Cable and Whites Bays. The skills and dedication to support others is often learnt at the Nippers level.	Nippers Summer Program	Nippers, is a junior program run for 7-13 year old's and is held on Sunday mornings for most of the Surf Season. The emphasis for the Junior Club is 'serious fun' while gaining confidence in and around the water. In addition all nippers will learn valuable skills that lead on to Lifeguard Services, they will also be educated on safety at the beach, and taught Surf Sport Skills. NSLSC requires qualified lifeguards to be present on the beach to run this program along with help from caregivers. It is a family friendly group that aims to have fun while teaching important life skills.	Koha to coaches \$3000 Replacement Equipment \$5000 Sun Block \$100 Prize giving and Open day \$800	\$ 8,900	\$ 3,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Wk&Lea	Whole families can be involved with the Nipper sessions and this is supported by the fact a caregiver is required on the beach during the teaching for safety reasons. This also helps those children who are nervous in new situations. The friendliness of the club will help those present to become involved if they so wish. Meaning that not only the children but also the caregivers will have a reason to get out onto the beach each Sunday morning and benefit from being outdoors, moving around and being with other people in a healthy environment. The skills learnt on the beach are not only water based but also teach people to interact with other members of the team and to develop a love of giving back to the community. Those that feel they have been isolated or without friends due to Covid or any other personal reasons will be welcome and part of the club environment.	The program success can be seen by the skills learnt by the juniors and their development as young people. This is not something that can be measured but rather evaluated by the growth and development of the juniors taking part. We hope that in years to come the skills and love of the outdoors and sea will filter through our community as the Nippers grow up and possibly even become life guards.	No others	Note: not asked in the application form when this group applied	Meets criteria - may also be suitable for other funding (eg Sport Tasman) Previous Grant \$4655 in 2020 for equipment: accountability ok Partial contribution requested Support funding	\$2-3000

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Nelson Tasman Filipino Community Incorporated	Here are the objectives of the Filipino Community A.To continue fostering a spirit of friendship, good fellowship, mutual respect for each other and encourage participation in all of our Filipino community affairs. B.To strengthen our greater understanding and respect of our Filipino culture and values. C.To create and foster a spirit of understanding, and mutual respect among all Kiwis and Ethnic Communities in the region. D.To help & support new Filipino immigrants in the best of our abilities.	Family Sports, Zumba and Mums & Toddlers playgroup	<p>We have three projects that we would like to apply for funding this year.</p> <p>We are planning to organise family sports tournament featuring the traditional Filipino games which aims to help our children here in NZ to learn and understand the games that we played in the Philippines. The grant will help us cover the costs for sports equipment, materials, sports prizes, trophies, venue, and printing.</p> <p>We are also applying to help us cover the venue costs for our weekly Zumba activities. This has been running regularly every week at Stoke which has regular elderly and kiwi local attendees.</p> <p>And finally we would like to apply for funding for food supplies and venue costs for our mums with young babies and toddlers. We have young families meeting regularly weekly or fortnightly that need support to be able to encourage other young families to stay connected with each other. Most of the mums have no work so venue is normally done in people's homes and places and food is shouldered by families which makes it financially difficult for other families therefore it hinders them to join the activities.</p> <p>All the above projects will help our Community families stay connected with each other and be able to foster spirit of friendship and encourage our community to engage and join community events and activities. Our Community has many young families, newcomers and elderlies who are vulnerable to isolation, homesickness and loneliness. Community events like the above gives our members a sense of belongingness, togetherness, friendship and unity. It will bring lots of fun, laughter and joy to many families. The projects aims to support the social and emotional well being of the community which will result to a better and productive members of the society.</p>	<p>Family Sports Tournament: Trophies and Prizes \$800 Sports Equipment/Materials \$500 Referee & Coordinator \$200 Zumba Activity: Weekly venue hire (\$15X40) \$500 Mums & Toddlers : Monthly venue hire (\$50X10) \$500 Materials/Food cost (\$50X10) \$500</p> <hr/> <p>TOTAL \$3,000</p> <hr/>	\$ 3,000	\$ 3,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI	Our projects were designed to encouraged as many members as we can to stay connected with each other/other families. We have lots of members who are vulnerable to isolation particularly our elderlies, young families and newcomers. Due to Covid19 travel restrictions most of our members are missing home and family members. Having regular social activities will bring friendship and belongingness for many members.	The success of the program will rely on the number of participants from the various activities that we have mentioned. We will create an opportunity for the members/participants to give feedback for all the activities that we have mentioned. We will also create photo/video clips to capture the memorable moments of our activities.	None mentioned in application - but organisation is an active participant in Multicultural NT activities etc	Note: not asked in strategic grant applications This is a Nelson based group and programme –2/3 majority of N-T Filipino people live in Nelson – refer Census 2018))	Transferred from strategic grant funding Credible organisation. With good track record of delivering events etc (eg heritage and arts). Application is for one year only; not suitable for a strategic grant.. No issues with previous CIF funding received \$2000, 2018) Meets criteria - Panel may consider partial funding for specific aspects of the application	\$2-3000

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Nelson Training Centre	Nelson Training Centre have been providers of training to the hospitality industry for 34 years. We deliver the NZ certificate in Hospitality (Level 2) and NCEA Level 2 via the services vocational pathway. Our learners are mainly aged between 15-19 years, typically school leavers who have no or low formal qualifications. Our student base is diverse, with Māori, Pasifika, members of the LGBT community and those with disabilities. We provide hands-on practical learning, and open to the Nelson public every Thursday, providing low-cost, not for profit meals to the community	New Mixer	Our 20 year old mixer, used for training students in baking, providing low cost baking treats (\$2.50) to the Nelson community and free desserts for community organisation's on Fridays, is archaic, temperamental and on it's way out. We wish to purchase a new mixer for our student kitchen that will provide our learners with an up-to-date and current machine for training purposes. This will also allow NTC to continue offering baked goods to the community, this year already we have replaced our coffee machine and oven, so as a not for profit organisation we do not have the surplus money to replace our mixer.	\$5347.50 including GST	\$ 5,348	\$ 5,348

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Wk&Lea	Local Nelson residents especially those on low incomes will continue to have a place to meet once a week to enjoy low cost and hearty free meals, this helps reduce social isolation and loneliness, and also helps the vulnerable people in our community with low incomes to be able to afford to purchase a cooked meal once a week. These service days are also valuable training tools to our learners to help them gain the confidence to work with the public and real first hand on experience in hospitality.	The measure of success will be our ability to continue providing the Thursday and Friday services to the community at a very low or no cost, also their will be some success for our learners in the baking standards required to gain qualifications and skills that are used in the hospitality sector, our learner's quite often gain employment or move to higher learning after completing our course.	We are an entity of YMCA Nelson	Students will have greater learning opportunities which will better their chances of gaining qualifications and employment The community will continue to have a place once a week to meet and enjoy low cost and free meals, this also allows for social interaction.	NTC is a service of YWCA although it is a separate entity. The latest published accounts are March 2020, (no issues identified) This is a govt funded training provider, with 47 students in 2019/20, so limited impact on wier community. The request is to purchase equipment (new mixer). While this may be withing CIF criteria, Panel needs to consider whether is is a priority for a CIF grant. suggest it is a lower priority relative to other applications.	Panel decision: no recommendation

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
NELSON WHAKATŪ MUSLIM ASSOCIATION	<p>To work to advance the New Zealand Muslim community's contribution to the economic, intellectual and social fabric of the New Zealand community</p> <ul style="list-style-type: none"> • To work towards strengthening families, empowering women, encouraging youth, cultivating leadership and fostering respect for all • To engage with the wider Nelson community during community based events and community services • To promote and maintain unity and friendship among members and between members and other communities • To promote and encourage cultural, social and sporting activities amongst its members and between them and others 	COMMITMENT TO PROVIDING A FACILITY AND ONGOING SUPPORT FOR MEMBERS AND WIDER COMMUNITY	<p>The Nelson Whakatu-Muslim Community have recently engaged with their members regarding the current state of the organisation to identify a pathway towards a more resilient and sustainable Muslim community. There has been considerable growth and an increase in diversity of the members of the association over recent years. In addition we have noticed an increase in connecting and networking with the wider community.</p> <p>To be able to support it's members and the wider community, Nelson Whakatu Muslim Association realises need a premises and resources to meet the association objectives.</p> <p>The grant will be used for:</p> <ul style="list-style-type: none"> - The ongoing cost to maintain the premises. - Organising events and activities for women, youth and children. - Accessing support and services to meet the need of our members as required. -Organising regular social gathering 	<ul style="list-style-type: none"> - Lease of the premises and ongoing cost - Printing cost for educational materials, flyers - Accessing professional services - eg: culturally appropriate counselling. - Organising events and activities for women, youth and children 	\$ 20,000	\$ 10,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI	<ul style="list-style-type: none"> - Organising regular social events. -Celebrating special events as a community -Providing a space where socially isolated individuals, families can connect - Engaging and providing support to the wider community in an emergency situation eg: food bank 	<ul style="list-style-type: none"> - Verbal and written feedback from the community - From participation in events and activities -The level of engagement by volunteers. 	<ul style="list-style-type: none"> - Multicultural Nelson Tasman - Nelson Tasman Interfaith Council - Whenua iti Outdoors 	<ul style="list-style-type: none"> - Creating an awareness of various cultures and diversity - Providing a platform to have meaningful conversation. - Celebrating events - Unity and friendship by sharing food from different cultures -Integrating the migrant community to the kiwi outdoor lifestyle. 	<p>Previous grant \$3000 in 2020: accountability ok</p> <p>Main request is to provide premises that are used for community activities as well as religious services. (rent approx \$1000 per month)</p> <p>Meets the CIF criteria with the organisation supporting social inclusion</p> <p>A grant towards the costs can be supported - to acknowledge the non-religious events and activities that support social inclusion</p>	\$3-5000

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Nelson Women's Centre Te Whare Āwhina Mō Ngā Wāhine Puawai Incorporated	The Nelson Women's Centre is a resource and support centre for all women/wāhine, their children/tamariki, family and whānau in the Nelson Tasman region. Our mission is to create a place where women can connect, celebrate and participate in a safe and supportive environment through support, advocacy, counselling and education. We have social workers who are available to women who require practical support, complemented by our low-cost counselling services, workshops and a drop-in space for women.	Women@60+Getting Older and Wiser Programme comprised of sessions with women to learn and socialise	<p>The grant will be used to organise and run an older women group set of sessions by the Nelson Women's Centre. The project aims to address social isolation and loneliness issues that older women coming to the Women's Centre have expressed that they are experiencing. The project aims to give an opportunity for older women to connect with other women of a similar age who may be undergoing similar situations by providing a varied set of activities for them to explore, be active participants, and ultimately have skills on how to make connections.</p> <p>Each run will feature 10 facilitated sessions that will be held either at the Nelson Women's Centre or various venues that will be attended by the target participants of women 60 years old and older. The target number of participants per session is 9 women. There are 2 runs planned for 2022 (20 sessions in total). This grant application will cover 1 out of the 2 runs.</p> <p>Regular weekly meetings and outings will be planned and facilitated by a social worker and a counselor for women 60 and older. Sessions will be a mix of meetings and outings at the Women's Centre and other local venues. A variety of resource speakers will be invited who will talk about financial, computer/online literacy, fitness opportunities, pensioner flats and housing, and venues for recreation that is low-cost and accessible to them within the local area, in accordance with WHO Age Friendly guidelines.</p>	For each run (comprised of 10 sessions), the cost will be: Facilitators' wages/fees (\$150/session): \$1,500 Transportation (petrol): \$500 Venue-admin costs: \$500 Tea/refreshments: \$180 x 2 runs for the year 2022 Total: \$5360	\$ 5,360	\$ 2,500

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Wk&Lea	<p>In the short-term, this project provides immediate relief for the women who are experiencing isolation and loneliness through professionally facilitated and guided opportunities (with a qualified social worker and counselor) offered through the group meetings and activities that are planned at locations that are deemed safe, no-to low-cost, and accessible even after the sessions.</p> <p>In the medium-term, the project aims to provide the opportunity for women participants to create and form a network (with other women and agencies where the resource speakers come from) that goes beyond the project's timeline. This hopefully would provide them with an additional and ongoing support to help with gaining a sense of connectedness that then ties in to their overall self-well-being and translate to improving general community well-being.</p> <p>In the medium- and long-term, the different topics covered by the guest speakers are aimed for them to gain knowledge on topics that are relevant and useful to them and for them to apply such knowledge in their daily lives.</p>	<p>The facilitators will be tracking attendance and feedback forms to measure engagement among participants and to gain an understanding on how the participants respond to the programme. Additionally, a post programme survey and/or a meeting with our social worker will be conducted within a month after the programme's last session with the participants. This is aimed to see whether there had been further contact among the women, and/or have gained confidence to form their own networks.</p>	<p>Resource speakers from Age Concern, Senior NET, PHOs will be invited to talk about topics such as Online Presence, Green Prescriptions, Fitness opportunities in the community, Looking into Pensioner Flats, among other topics relevant to the over 60 demographic.</p>	<p>The project's target participants are women who are living locally, hence the project will directly support residents in Nelson. Through this grant, the Nelson Women's Centre would be able to offer a practical solution to help the women who come to our Centre for assistance and support to reduce isolation and loneliness, advocacy and information on topics that will be covered by the resource speakers, and potentially enable them to become more connected members of the community.</p>	<p>The group received a 3-year strategic grant of \$10,000 p.a. in September' for 'Practical social work support, food bank, advocacy, housing and counselling services for all women ."</p> <p>This application is for a specific project - an older women's group.</p> <p>This is eligible for a grant, as a separate project: the key question for the panel is the relative priority of providing a further grant.</p> <p>The request (\$2,500) is reasonable</p>	\$2,500 (if supported)

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Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Open Home Foundation (the)	OHF works to strengthen families, the children who live in those families. We support individuals, whanau to improve the quality of life for vulnerable people. We desire to nurture our young people when they need to live in a Foster Family for either a short, long or permanent time. Our Vision is Every child and young person growing up in a secure, loving family receiving a depth of care which will bless them throughout their life. Our Mission: Providing Quality Child-Centred, Family-Focused Christian Social Services.	Recruit and Support our Foster Parents who are caring for our most vulnerable.	<p>With the assistance of our Foster Parent Recruiter, new foster parents will be recruited and an initial brief assessment completed. The Foster Parent Social Worker will then complete a full assessment over many hours and will then train them in CREATE. CREATE is and Open Home Foundation foster parent training which covers trauma informed therapeutic care over 21 hours of training. Further training in TCIF (Therapeutic Crisis Intervention for Families (4 days) is given yearly, with those already trained provided 1 day refresher course yearly.</p> <p>The Nelson Foster Parent Social Worker meets with the foster parents, who have tamariki in their care, individually at least monthly, makes support phone calls within the month as required and is developing a group meeting for training and peer support to be run bi monthly. A Placement Care Support Plan is provided for each tamariki in care longer than 28 days. This is developed with the foster parent to support the placement and ensure all required resources are provided.</p> <p>1. Provide supportive care for 20-32 Tamariki or rangatahi per year in foster parent care.</p> <p>2. Maintain a pool of a minimum of 18 foster families per year.</p> <p>4. Foster parents attend 21 hours of initial training and then a minimum of 3 hours training per year.</p>	<p>Foster Parent Recruiter Salary \$11700</p> <p>Foster Parent Social Worker Salary \$59704</p> <p>Recruitment Costs \$5000</p> <p>Support Costs \$2000</p>	\$ 78,404	\$ 10,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI	<p>Our Foster Parent Social Worker supports our Foster parents to care for their Tamariki and rangatahi. This means, Tamariki and rangatahi, who have potential for negative and harmful outcomes, are supported to achieve their best. There is positive impact on community wellbeing through higher employment, physical and mental well-being as well as community integration.</p> <p>Our Create trained Foster Parents are equipped with up-to-date information about trauma, its impact on the brain and development, and how to work with the consequences of trauma. They have learnt the importance of relationship and the impact environment has on tamariki to feel loved, safe and secure. A tamariki who feels safe and loved will be able to learn and their development will progress. We will see less extreme behaviour, less stand downs from school.</p> <p>Our support of families with Safety Planning and respite means families remain together. A child growing up in their own family improves Community wellbeing.</p>	<p>We have a 6 monthly Survey - Better Off Survey - this is used to evaluate client and Foster Parent Wellbeing and shows us the areas we need to develop or change in</p> <p>Annual Reviews with our Foster Parents give us insight as to the support needed and work well done</p> <p>Regular assessments of our tamariki in care by our Social Workers</p>	<p>We work in collaboration with the Māori Wardens in Nelson to ensure Māori rangatahi have their needs met appropriately and are connected into whānau and hapu and their culture in a supportive and safe way.</p> <p>We work with Caring Families and Oranga Tamariki.</p>	<p>Tamariki, their carers, whānau will be better off. Providing short & long term therapeutic foster care for at risk tamariki & rangatahi in these communities provides a wide community benefit of growing healthy rangatahi who are able to contribute to the community as they grow to adulthood.</p> <p>Tamariki who come into foster care with Open Home Foundation can be tamariki who have been abused or neglected with the associated trauma that affects their behaviour & ability to socialise; or tamariki who have mental health difficulties, need therapeutic intervention & specialised care to overcome their difficulties. Tamariki will be better off.</p> <p>Our CREATE trained Foster parents understand about trauma, its impact on the brain & development, how to work with the consequences of trauma. Also the importance of relationship & the impact environment has on tamariki to feel loved, safe & secure. A tamariki who feels safe & loved will learn & their development will progress reducing extreme behaviours.</p>	<p>Previous grant (\$2000, 2020) accounted for.</p> <p>National organisation, primarily govt funded, with large reserves (surplus \$2.3 million in y/e June 2020- latest available)</p> <p>Application is to recruit foster parents.</p> <p>Consider that this is a core aspect of the organisation, and can be funded from core funding: so consider it is a priority for CIF funding</p>	not supported

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Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Parent to Parent Nelson	<p>Our mission is to empower families and whānau of people with disabilities and health impairments through support and information.</p> <p>Every year thousands of Kiwi families face the unique challenges of caring for a disabled family member. It's a family journey that is unplanned, life-changing for family members, and often isolates them from 'regular' families and friends.</p> <p>We focus on the wellbeing of the wrap-around family:- parents, step parents, caregivers, brothers, sisters, grandparents, and the wider whānau.</p>	Champion Your needs Training Course	This is a one day training course which introduces parents to the world of advocating for the needs of their family and disabled child. Through discussion, practice and the sharing of information, parents are encouraged to find the confidence to voice their needs and concerns in a way which is respectful and effective in helping them gain the support that they need to keep their family together.	<p>The project is delivered at a fixed cost set by the National office, irrespective of location. This is to ensure that all parents, wherever they live within New Zealand, are able to access this service, without any one regional group having to bear the cost. The costs include advertisement, workbooks, venue hire, facilitator costs and coordination of registrations. Up to 18 individuals are able to attend the event.</p>	\$ 3,250	\$ 3,250

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI	Parents who have a child with a disability can find life quite isolating, especially if former friends and family find it hard to adjust to their new circumstances. Through the Champion your needs course parents are encouraged to clearly articulate what they are looking for from others, helping remove the barrier of social awkwardness from the relationship. Community wellness comes from those in the community feeling and willing to be an active part of it. Families who feel empowered and confident, are more likely to be active members of their community.	We collect and analyse data from all our services. This information includes the number of people attending events organised by us, as well as their level of satisfaction with the service received. All families who have attended any of the various training courses, programmes and workshops we organise, provide evaluations or feedback reports, which enable us to maintain the high standard of service we deliver.	Parent to Parent National Office.	Often the path that our parents are on is very lonely and isolating, so building a network around them is so important. The reality is whilst there are lots of supports in the community to support the child with special needs. There is little support out there to nurture the families who live day by day with these children into adulthood. Families coping with a disabled child often experience grief and isolation from their usual family supports. Parent to Parent empowers people to achieve better outcomes for themselves and family members which enables them to participate more fully in their community. Parent to Parent provides families with the skills, knowledge and confidence they need to achieve positive futures for their families.	Previous grant \$2000 in 2020 for operational costs: accountability ok A contribution towards costs can be supported for Nelson (the Nelson region includes Tasman & Marlborough)	\$1000 -1500

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Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Parents Centre (Nelson District)	Nelson District Parents Centre provides antenatal and parenting courses for families in the Nelson/Tasman region. Our main aims are to equip parents with knowledge and skills for their pregnancy, birth and early parenting journey and connect them with others in the community who are also pregnant and/or have young babies. We want to support local families to build their village during this vulnerable and potentially isolating time. During COVID19 Level 3 and 4 we are able to continue our courses online via Zoom therefore providing connection and support when many other services are paused.	Baby and You courses	The grant will be used to help offset some of the costs associated with our Baby and You course. This is a six week course (five sessions face to face and one session via Zoom) that is available to families with a baby/babies aged 0-4 months. The course covers topics such as soothing and sleeping, feeding, physical development, babywearing, connecting with your baby through touch, postnatal anxiety and depression, postnatal wellbeing and exercise and more. It also establishes a crucial connection between local families who are experiencing early parenting at the same time therefore building upon their support network and reducing isolation. We are able to continue running this course online through brief or extended periods of lockdown when many other support networks are on hold therefore continuing a connection with others. We need to fundraise and/or receive grants to continue running this course at a heavily subsidised cost of \$30 per family. The course is facilitated by volunteers and we are very fortunate that most expert speakers are able to donate their time. We run one course per school term for 10 families at a time. We consistently receive positive feedback and have a great reputation within the community which leads to all courses being fully booked well in advance. Our Baby and You course is currently fully booked until July 2022.	Venue Hire - Jaycee Room at Founders Heritage Park. Five sessions @ \$52 = \$260. Four courses per year therefore \$1040 for 2022 Volunteer childcare expenses (all our volunteers currently incur a cost of childcare while running this course). Six sessions @ \$60 = \$360 therefore \$1440 for 2022 One year Zoom license - \$179.88 Speaker costs - Lactation consultant and parent educator @ \$100 per course = \$400 Shared kai and hot drinks @ \$60 per course = \$240	\$ 3,300	\$ 3,300

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Wk&Lea	<p>Reducing social isolation or loneliness - We provide the perfect opportunity for local families to meet and connect while experiencing the early days of parenting. I personally took this course nearly three years ago when I had my first child and the friendship and support I received from this group has been invaluable. We are able to maintain this connection online through lockdowns and have received really positive feedback and thanks around this from our families who can suddenly feel very isolated. Many of our attendees develop lifelong friendships.</p> <p>Improving access to work and learning opportunities - we are able to continue running this course through lockdowns via Zoom. This enables parents to receive the knowledge and skills from our experts and ask questions specific to their situations. Our families are unable to put this 'study' on hold as other learning opportunities may be able to. It is essential they receive timely advice and support.</p> <p>Improving Community Wellbeing - our key focus is to have a positive impact on the wellbeing of our community. We do this through connecting parents, providing relevant knowledge and support around parenting and introducing experts/businesses within our region. Research shows the first 1000 days have a profound lasting impact on a child's future. By sharing best practice and developing a support network/village we are helping parents to provide the best possible environment for their newborns.</p>	We use online evaluations once our course is completed. This means collated results are received by our committee and we can adjust the course to best suit the needs of attendees. Consistently fully booked courses with waitlists indicate the reputation we have within the community for providing quality parenting education and support.	Perinatal Support Nelson, Babywearing Nelson, Nelson/Marlborough District Health Board as well as experts in carseat safety (Baby on the Move), perinatal exercise and pelvic floor (The Flourish Collective) and how to connect with your newborn (LunaBloom).	<p>Our Baby and You Course contributes to enhanced bonding and attachment between parents and their baby. Parents Centres classes promote responsive parenting leading to:</p> <ul style="list-style-type: none"> - A securely attached baby who will form secure social attachments for life. - A baby who is appropriately responded to, developing trust and confidence. - Parents who understand empathy and how to help their children develop it - Reduced postnatal depression rates, through increased support, early intervention, and educating partners. Around 20% of women will suffer maternal mental health issues. <p>Our course provides a reason to get out of the house, and people to talk to who are sharing the same experiences which is vital for new parents who can otherwise feel isolated, lonely and /or vulnerable.</p>	<p>Although Parents Centre has been operating for over 50 years (see website), I have no record of previous funding from Council.</p> <p>The latest accounts show a reasonable surplus and a the cost of \$1086 for the Baby and You course.</p> <p>Although the application is for a modest grant (\$3300) - it is for the full cost of the programme - not taking into account participants' contributions. however the costs appear inflated and don't take into account participants' contributions.</p> <p>A small grant (\$1000) can be supported.</p>	\$0-1000

CIF Small Grant Applications

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Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Perinatal Support Nelson Inc	While for many years the main purpose of Perinatal Support Nelson (PSN) has been to provide a counselling/support service for the women referred to us. These outcomes will be evident by the mums being healthier; physically, mentally & emotionally. Their healthy wellbeing spreads over into her relationships with her baby, other children, partner, extended family & ultimately into her community. Every community needs to ensure the wellbeing of their families/whanau. The mum is usually the main attachment figure in the family/whanau, so it's vital to ensure she is well cared for & supported	Specialised counselling services for dads' whose family has been affected by PND or traumatic birth	<p>Recent feedback received from our Dads group & from Baby and You talks is the need to provide a short term counselling service especially aimed at parents who have had a traumatic birth. The unresolved trauma leaves mental & emotional scars that can affect the attachment between mum & baby, dad & baby and mum & dad. Currently there seems to be a bit of a gap for these parents not getting the opportunity to unload & debrief what has occurred.</p> <p>We are proposing that we would provide 3 counselling sessions, one for mum, one for dad & then a joint session to bring the couple together to connect their experience, as they often feel so separate. The counselling is a safe, confidential & non-judgmental setting for the parents to be listened to with compassion & understanding.</p> <p>The hope of being able to provide this very short service is that the family has a safe place to unpack the birth trauma. Many couples who have had a traumatic birth for their first baby have talked about anxiety & PTSD (Post traumatic stress disorder) when bonding with their baby & when it comes to the birth of any subsequent babies.</p> <p>Another benefit hopefully would be to move the client quicker off our books freeing the service up for other women on our wait list who are experiencing more severe distress/anxiety.</p> <p>So far this year we have run two Dads groups in partnership with Rise (formerly SVS Living Safe), facilitated by Aaron Agnew & Helen Williams (PSN Counsellor). We would like to continue to offer this group.</p>	<p>The requested funds will go towards the continuation of the dad's group we are running in partnership with Rise. We would also like to be able to provide short term counselling if there has been a traumatic birth involved.</p> <p>The funds requested would go towards, paying our counsellor co-facilitation costs, a contribution to room hire, supervision and resources for the group. Other funds are required to pay two of our sub-contracted counsellors to work with the Mum and Dad. Working with couples in the same room is specialized work and the counsellors we have in mind to provide this support, work with couples in their private practice.</p>	\$ 20,550	\$ 5,400

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Poverty	<p>Reducing social isolation or loneliness; Increasing opportunities for social interaction</p> <p>The group work brings dads together where they can meet and interact with others who are experiencing similar feelings, to talk openly in a safe and secure place. To gain skills with the aim of making them "better dads".</p> <p>Reducing the impact of poverty as this has an amplifying effect on other social issues.</p> <p>By providing these FREE services we help lessen extra expenditure on a household where there has probably been a reduction in income due to one of the parents no longer working, and for those who have lost their jobs due to COVID-19.</p> <p>Improving Community Wellbeing</p> <p>From the group evaluation, there was a definite consensus from the dads that support is put into the mums and babies. There is little for dads. One dad had recently changed roles with his partner and is the fulltime care giver; he shared his experience of going to playgroups being the only male and how this made him feel.</p> <p>Perinatal Support Nelson aims to provide support sooner to these parents who are struggling with a feeling of loss and a lack of connection to each other and their child. Knowledge shows that if people get the support that they need at the beginning, in the long run people are better off and there is a lesser strain on personal/ government mental health funding. Happy families, more community participation.</p>	<p>Group participants receive a survey on the completion of the group the answers are then compiled & analyzed, from this we can then work out what worked well & what improvements need to be made. Were the topics relevant, how well did the facilitators do, why did the dad want to do the group and what did the dad enjoy the most about the programme? How confident were your parenting skills at the start & completion of the group? What did you find the most challenging? Are some of the questions asked</p>	<p>We are working with Rise to provide this dads group, obviously as this group/service becomes more well-known we expect that other NGOs will increase the number of partner referrals to our service. PSN currently works with Te Piki Oranga, Te Korowai Trust, NBPH, GPs, Midwives, Plunket & Family Start</p>	<p>The most important outcome PSN provides and will continue to provide is supporting the women and their families/whānau referred to us. From many years working within this specialized support service PSN knows that health/happy Mum makes for health/happy Dad and health/happy children.</p> <p>This support is essential to the relationship with the parent and their baby, as research shows how important the first 1000 days are for optimal well-being. The baby's brain is developing at its fastest rate, and the "blueprint" for life is being set. If a baby does not receive the care and attention it needs at this time for the chance of optimum brain development, healthy and secure attachment, positive personal and social outcomes later in life are greatly reduced.</p>	<p>Note that Perinatal received a 3-year strategic grant (\$6,000 p.a.) for their counselling and support service.</p> <p>Previous funding: \$6000 p.a. 2018-21 plus \$2000 small grants 2019 & 2020. Accountability ok.</p> <p>Key question for Panel is whether this counselling is sufficiently different to their core grant to justify an extra small grant.</p>	<p>Maybe (0-2000)</p>

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Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Plunket (Royal New Zealand Plunket Trust)	Plunket is committed to giving every NZ child the best possible start. The best available evidence acknowledges that getting things right for children from 0 to 5 years ensures better outcomes later in their lives. Our three overarching goals focus on: <ul style="list-style-type: none"> • Healthy tamariki: We make sure every tamariki has the opportunity to be as healthy and as well as they can be. • Confident whānau: We build the confidence and knowledge of whānau and families across New Zealand. • Connected communities: We make sure that no family or whānau is left isolated, disconnected or unable to cope. 	Nelson Plunket Parent Education Programme (PEPE)	<p>The grant will be used towards costs to deliver Parent Education (PEPE) courses to parents living in the greater Nelson community. The course venues are the Impact Church, 16 Halifax Street, Nelson, and the Christ Church First, 175 Quarantine Road, Stoke. If unable to hold face to face due to COVID – restrictions, courses will be delivered virtually using ZOOM.</p> <p>The focus of Nelson Plunket's Parent Education Programme (PEPE) is to build and support families where children are loved and nurtured in a positive environment. Currently the PEPE consists of a series of two courses, free to all participants: 'Your Growing Baby' (3 weekly sessions) - Parenting from 6 weeks until baby is rolling or crawling and, 'Your Moving Baby' (4 weekly sessions) - Parenting when baby is moving but not yet walking.</p> <p>Up to 10 parents and their babies can attend each class.</p> <p>Plunket Parent Education programmes are the product of over 100 years of experience; supporting and empowering and networking kiwi parents through the first five years of their children's lives. This programme is aimed at supporting parents in their parenting role through the different stages of their child's early development.</p> <p>Because the transition to parenthood is a time of many changes, PEPE groups can play a significant role in helping parents through this process. All PEPE courses are designed to support parents in their parenting role, build parent confidence, and connect parents with other parents and local support and resources in their area.</p> <p>Plunket is the only provider of free Parenting Education Courses in the Nelson Region. There is no charge for our courses because we stand by our pledge to have parenting education and support freely available to all parents and whānau.</p> <p>Participant Feedback: "I will always recommend new parents take part in the PEPE courses as not only does it help you become a more confident parent, but it creates a support network when you need it the most."</p>	EXPENSES \$ Remuneration 17,488 Other Staff/Volunteer Costs 1,546 Staff/Volunteer Development 1,000 Education/Promotion Costs 300 Property and Equipment 1,450 Travel 2,452 Other Administration Costs 1,100	\$ 25,336	\$ 6,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Poverty	<p>Reducing isolation/loneliness for Nelson families with babies and children ages 0 -5.</p> <p>Plunket Community Services are of particular importance for our Nelson and Marlborough families as resources go directly towards fostering healthy babies and families, combating isolation, and increasing access to services ensuring that parents get the support they need.</p> <p>Last year, more than 55% of local Parent Education programme participants reported they felt "Connected to Their Community" and 89% reported they had "Made Friendships with Other Parents" after course completion (n=149).</p> <p>The Nelson PEPE groups meet on a regular basis and many groups develop lifelong relationships and continue to meet after the course ends. They share ideas around community activities and resources which support healthy outcomes for tamariki.</p> <p>We indirectly contribute to the reduction of poverty as our groups discuss ways to support the cost of raising children. We provide information to local resources including kai with love, kai rescue, connection with other health supports oral health (visiting O/health educator), CPR info (via website), swim safety (visiting swim instructor with safe swim info), Plunket safety talk by injury prevention co Ordinator, Car seat discussion with trained technician/and link families to food redistribution organisations and local organisations that redistributes donated household items and clothing.</p> <p>Stories from recent Nelson Parent Education courses: "The benefits of having this knowledge passed on is obvious but</p>	<p>We will provide evidence based information, and access to resources through Nelson Plunket Parent Education (PEPE) Courses.</p> <p>Measuring/evaluation tools:</p> <ol style="list-style-type: none"> 1. Number of families who register and participate in Nelson PEPE courses. 2. Data collected from post course survey evaluations. 3. Stories collected from Nelson families who complete PEPE courses. <p>We will use the data and stories collected to determine the outcomes of the programme including reducing isolation and increasing social interaction.</p>	<p>Nelson Marlborough Health - Donna Hayday, Oral Health Educator</p> <p>'Baby on the Move', Nelson Car Restraint Support programme</p> <p>Nelson Library and Nelson Bay's Church - venue hire for courses</p> <p>Swim Magic Swim School for swim safety sessions</p> <p>Public Health Nurses - Parent Education to rural families</p>	<p>Note: not asked in strategic grant applications</p> <p>National organisation, with local operation. This application is specifically for Nelson service / programme.</p>	<p>Application transferred from strategic grants, as it was seen as more suitable for a small grant.</p> <p>Previous CIF funding: \$6,000 p.a. 2018-21. Accountability ok</p> <p>This is essentially a parent education programme – Meets CIF priorities. Application is for a contribution towards the cost (approx 25%)</p> <p>Panel decision/ question is whether or how much to grant:</p>	\$0-5000

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Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
RISE	<p>For more than 36 years RISE has worked to prevent and respond to family harm with a unique emphasis of services and support for users of violence. We help individual and families seek and achieve real change to live healthier and safer lives. As a specialist provider of family harm/violence and whanau resilience services we work with men, women, youth and children to understand that respectful family relationships are safe relationships.</p> <p>We do this through offering a number of programmes/services and long-term intervention to address trauma and support users of volunteers to change.</p>	Under8teen programme for youth to increase safety for young people by addressing youth violence	To work with young people and their extended whanau (parent support) to address youth violence and anti-social behaviour. the under8teen programme is designed to work individually with a young person (11-17 years) and a significant adult/caregiver in their life to develop way to deal with stressful situations in a healthy and safe way to learn how to deal with stressful situations and with all relationships in a healthy and safe way. Alongside this is to work with the adult to provide strategies to support to safely manage their young persons behaviour. The programme works within the Te Whare Tapa Wha helath model of wellbeing. Over the sessions the young person person will look at: who am I, thoughts-feelings-actions, time-out and keeping safe, things I like about me, well-being, dreams for the future, gathering strength and safety planning. Understanding the effects of violence on themselves and others including self-care and emotional regulations are also covered.	<p>Wages - programme delivery and outreach work \$46,000</p> <p>Resources \$2,000</p>	\$ 48,000	\$ 4,000

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Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI	Heathy well adjusted young people are more able to social interact. when young people are angry and lack emotional regulation there chances of socially interacting are severely limited. Support to understand the impact of violence and anti-social behaviour on themselves and others, learning emotional regulation and how to keep themselves safe enables young people to socially interact reducing social isolation and loneliness. The costs is immeasurable if not dealt with including the cost when engaged with Police Youth Aid, Oranga Tamariki services, Alcohol and Drug services and other support services.	Through evaluations from individual participants and feedback from referrals and parents etc. RISE is in discussion to work with AKINA to address the social and environmental impact of the work we do. This will also include our work with youth and will help inform how we continue to deliver your services in the future. Our current referrals indicates the value of our youth programmes. We currently have a number of staff working with youth with 25 on our wait list.	We work alongside organisations such as Whanake Youth, Youth Nelson, school counsellors and social workers and others to support their clients who the refer to us who are dealing with anger or violence issues. We do not work in isolation when working with youth.	The family is an essential unit in our community. To have healthy safe communities so must our families be. Family violence is the single most significant threat to this and the cost to generations and future generations is incalculable. Children and young people witnessing family violence/ dysfunctional relationships is likely to permeate their relationships with their peers, their future partners and their children in the future. To help break the cycle requires working at all levels to support and teach new skills to act appropriately and safely in any relationships including with siblings, peers, teachers, adults and family.	<i>NOTE - Paul Prestidge Conflict of Interest. I sit on the RISE Board, and had no knowledge of this application until it was received. (Col also declared and managed at RISE)</i> This organisation is a re-branded SVS-Living Safe. Previous CIF funding: \$3,500 p.a. 2018-21. Application meets CIF criteria: no advisor recommendation due to Col.	No recommendation - Panel decision

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October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Safeguarding Children	Our vision is that the children and young people of Aotearoa New Zealand are safe from abuse and neglect. We offer a range of services to suit the needs of any individual or organisation that works with children and young people. We have a growing number of programmes and to date have trained over 20,000 New Zealanders on how to recognise and respond to child abuse and neglect. We know that a proactive, preventative approach produces the best outcomes for children, organisations and communities.	Nelson Safeguarding Children Public Training	Being based in Nelson we can provide local face to face training which we know, provides additional outcomes including networking and sharing to strengthening our community. Our application this year is for funding to promote and deliver 6 x 3.5hr free public child protection training sessions - 2 per annum for the local Nelson community. The sessions will be promoted via local networks and social media. Attendees will gain confidence understanding the impact of child abuse and neglect, knowing what they can do to help prevent it happening and what to do when worried about a child or young person. This knowledge is essential for everyone in our local community who works with our tamariki and rangitahi. Attendees receive a certificate for completion. Last year these workshops were oversubscribed so we recognise there is an ongoing need.	The cost to promote and deliver two sessions annually is \$2350 and we are requesting \$6000 (\$2000 a year for three years). Cost includes: Venue and equipment, programme promotion and delivery, support material, admin & refreshments.	\$ 2,350	\$ 2,000

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Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Poverty	<p>Children are the benefactors of these sessions as the workshops contribute to Community Wellbeing / Social Development. New Zealand continues to have unacceptable levels of child abuse and neglect. The Salvation Army 'State of the Nation' report shows there were 12,861 children who were victims of substantiated abuse and neglect in New Zealand in the year to June 2020. The recorded violent offences against children aged under 15 years old for the same period show 1488 cases of aggravated sexual assault, 1846 of serious assault resulting injury and 3077 serious assaults without injury. The overall conclusion is that the situation for children has not improved, and children are victims of violence which is tending to be more severe violence.</p> <p>With support from NCC in the past, we have delivered courses with positive outcomes. The two local seminars last year educated and empowered locals to work together to protect our children and young people. Course costs can be a barrier but we know that the more we support and train our local residents on how to recognise and respond to the early signs of neglect and abuse, the greater chance our tamariki have of growing up to live and contribute meaningful lives in the Nelson community and beyond.</p>	<p>We use pre and post seminar surveys to assess need and evaluate all of our services. The post seminar survey also acts as a satisfaction survey and is completed within a week of attending our training.</p> <p>Data is collated and our research is conducted by an external research organisation- Q & A Research, Christine Palmer, who is a board member and provides her expertise free of charge to Safeguarding Children.</p>	<p>We work with a wide range of organisations throughout the region and NZ to help them ensure they have the systems and policies in place for working safely with children. Locally we have partnered with Sport NZ and Empowerment Trust to deliver our training throughout their networks</p>	<p>Note: not asked in strategic grant applications</p> <p>Note that this is a Nelson based initiative, expanding to provide a national service</p>	<p>Transferred from Strategic grant funding as it was more suitable for a small grant.</p> <p>Credible organisation. Well-developed programme Reasonable cost</p>	\$2,000

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October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Stoke Toy Library Incorporated	Our purpose is to enable whanau, low-cost access to quality toys. We are typically utilised by low-income families and families wanting to reduce consumerism, teach their children sharing and reduce toy wastage to landfill. Our toy library allows for parents to connect with other local parents on a regular basis when they return and hire toys. Duty memberships are encouraged and therefore parents help with the running of the library, giving a sense of satisfaction, and ownership in their toy library. This builds a sense of community with peers and connection with the local community.	Educational Toy Investment- for Local Whanau Access	<p>We will purchase a number of educational and developmental toys to increase our toy stock at Stoke Toy Library.</p> <p>We have been working hard and have managed to triple our membership numbers over the last 18 months. We now have 115 member families and nearly 200 children. The consequence of this increase, is that we are now pushed in meeting that demand with our toys in stock. Children are an under-invested group in society in general and we are passionate about supporting whanau with young children. We strive to keep our membership fees low and do not charge individual toy hire. Our goal is to continue to grow our membership numbers and to meet their needs.</p> <p>Children learn best through play and educational toys help children learn about cause and effect and problem-solving. Educational toys build; resilience, creativity, independence and self-esteem. Toys are expensive for whanau and we facilitate each toy to be used by many families, for improved sustainability and for a sense of community spirit. Children who play with toy library toys learn about careful use, turn-taking and consideration for others when their toys get returned.</p> <p>We would like to purchase quality educational toys that can withstand the rigors of toy library life as outlined in the attached quotes. We also would like to support local and purchase a few Nelson-made toys which would extend the reach and benefit of this grant locally.</p>	<p>Toy Purchase- 100% allocation of funds</p> <p>Nelson / Tasman based Toy Purchase: Limpopo Toys - puzzles: \$200 Play by Nature- stacking stones, toy vehicles: \$200 Wooden You Sew It- pikler frame: \$400</p> <p>New Zealand based retailers \$2824: Magnetic tiles Ball run Stacking games Ball tower Shape and Size boards Matching games Counting and number games Alphabet letter boards Alphabet blocks Puzzles (clock, gears, sounds) Balancing games Building sets (vehicles, nuts+bolts, blocks, beams, Lacing (fine motor) sets Dominoes Instruments Open play nesting blocks</p>	\$ 3,624	\$ 3,624

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Poverty	<p>Extending our toy range will help meet the needs of our members, maintain (and ideally grow) our membership base. We enable low-cost access to a large range of toys to the benefit of our local community. Raising young tamariki is often a financially stretched and challenging time for parents. Our toy library helps families access quality toys for minimal cost and can 'level the playing field' for all tamariki and whanau, reducing the impact of poverty as toy purchase is not a priority for whanau with financial pressure. Our toy library allows for parents to connect with our librarian and other parents on a regular basis when they return and hire new toys, attend a rostered duty, and volunteer at fundraisers. We often see positive social interactions between whanau during our opening times. Membership builds a sense of community with other parents, and gives a sense of satisfaction, and ownership in their toy library. The committee engages with our members on social media and at times asks for support when required, e.g. fixing any broken toys.</p> <p>Inequities are often apparent in children from a very young age and can sadly affect future outcomes, we work hard to source financial support for our operational costs so we can provide low cost membership fees to ensure equitable access. Play-based learning sets children up for future success, builds motor control, resilience, empathy, problem-solving and emotional intelligence, and we are proud to contribute to this.</p>	<p>We will continue to quantitatively monitor our progress with our membership numbers monthly (new and renewals). This is a reliable indicator as to whether we are meeting the needs and expectations of our local community. We also monitor our 'likes' on social media pages.</p> <p>We will continue to qualitatively monitor our progress with feedback received by our librarian; this is often in person when families visit the library.</p> <p>We occasionally survey our members, most recently about our opening times.</p>	<p>None specifically for this project.</p> <p>The committee works hard to source financial support for our operational costs so we can provide low cost membership fees. We periodically gift annual memberships to community groups and organisations such as Oranga Tamariki.</p>	<p>The community would benefit from our purchase of new and replacement educational toys. It will help us stay in operation, meet the needs of our members, and encourage new members, furthering our community reach and ability to connect and support local whanau.</p> <p>Whanau are interested in joining when we are able to keep up with demand to replace broken toys and invest in new toys to meet their needs. This grant will be helping whanau avoid personal expenditure on toys whilst still allowing their children numerous opportunities for play, exploration and learning. Play-based learning sets children up for future success, builds motor control, resilience, empathy, problem-solving and emotional intelligence. We want to ensure all whanau have the same opportunity to access toys. The local and wider community will benefit from a reduction in toys going to landfill due to multiple hires, and we repair toys where possible. We have some toys dating back to our inception in 1987.</p>	<p>Stoke based - last CIF grant was in 2011. Emergency Covid grant last year to subsidise cancelled fundraising activities.</p> <p>Contribution towards the purchase of new toys is supported as a one-off grant:</p>	\$2,000

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Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Te Kotahi o Te Tauihu Charitable Trust	<p>Kia Kotahi te Hoe - Further Together</p> <p>The eight manawhenua iwi developed this strategy as part of the COVID-19 recovery response. We have four key hoe, Tāwharautia, Whiwhi Mahi, Whāngai, and Whai Oranga, Housing, Work/Employment, No Whanau Go Hungry, and Wellbeing.</p>	Te Pātaka - we are establishing warehouse operations so that no whānau go hungry.	<p>The grant will be used to develop a fit for purpose built freezer. We partner with a number of organisations including NZ Food Network, Zespri, Period Place and others. We need a freezer for frozen goods, similar to our operations in the Wairau, so we can get that kai out to Māori whānau who are struggling and reaching out for support.</p> <p>Our Wairau freezer cost \$11k once fully fitted out (custom built).</p>	We'll need to negotiate a new supplier for the Whakatu rohe. We are basing these costs on what we paid over in the Wairau.	\$ 11,000	\$ 10,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
Poverty	<p>From the 18th September 2020 to the 7th September 2021, Te Pātaka supported 471 Whakatu whānau, which represented 1598 individuals with kai.</p> <p>Demand has escalated through COVID, to the point where we decided to stop transporting kai from Wairau to Whakatu, and to develop a warehouse base on the other side of the hill that would cater for Māori whānau from Whakatu to Mohua.</p>	Custom built freezer, and distribution of frozen goods to Māori whānau, instead of just the dry goods. We keep statistics to report back to iwi on the number of whānau supported and will continue to do so.	<p>NZ Food Network, Zespri, Period Place, Iwi,</p> <p>Last month, Te Kotahi hosted a Zui with other foodbanks and as soon as we get to L1 will host a kanohi ki te kanohi, as there are synergies, resources and supports we could offer each other to get a wider reach and hopefully more efficiencies.</p>	Knowing that Māori whānau can easily access a standard kai pack, to put kai on their table, reduce the level of financial stress the whānau are already under. Sometimes for the whānau that we support its a choice between the risks of getting the power turned off, paying the rent, or putting kai on the table. It's that simple.	<p>This is a new initiative, arising from the Covid response to providing food security, and as set out in the Te Tauihu strategy.</p> <p>Te Kotahi is a joint Iwi initiative; the Trust was registered as a charity in Feb 2021.</p> <p>A key question for the panel is whether to provide a contribution towards the cost of a freezer, or provide a more general grant towards setting up their Pātaka in Whakatū.</p> <p>Also applying to the Covid Emergency fund for a different cost.</p>	suggest - grant range \$5-7,000

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Victim Support in Nelson	Victim Support's new strategic plan, Vision 2030, is our commitment to support and empower victims to be safe, heal, and participate at every step of their journey. It places victims of crime, trauma, and suicide at the heart of everything we do. In Nelson, we ensure that all our Support Workers receive regular training and supervision on the job. The extremely sensitive and emotionally draining nature of our work – often with family members who have just lost a loved one to violent crime, suicide, or fatal accident – means volunteers and paid staff must be highly trained, and well supported.	Victim Support Nelson's Operating Expenses	<p>Victim Support's vision is that victims of crime, trauma, and suicide receive support at every step of their journey, 24/7, with heart.</p> <p>In Nelson, our frontline team of volunteer Support Workers and a paid Support Worker work closely with local police who refer people primarily after a fatality, serious crime, sexual violence, or trauma. We respond to emergency callouts within 45 minutes and all others within 48 hours ensuring timely triage of victims' needs and support pathways are in place. Victims may have additional complications of being geographically or socially isolated and may be the more marginalised people in our society.</p> <p>The \$6,000.00 per annum request to Nelson City Council is to assist in retaining a locally based staff member; recruiting and training new volunteers; provide ongoing and specialist training for existing volunteers and reimburse volunteer expenses.</p> <p>Central government funding alone is insufficient, and we remain reliant on community fundraising to sustain our free service.</p> <p>It is necessary to recruit and train new volunteer regularly as people volunteer on average for about three years. On average it costs \$1100 to train each new volunteer.</p> <p>Reimbursing our volunteers their mileage and other expenses incurred when visiting victims is essential to ensure volunteers are not out of pocket from volunteering.</p> <p>Over the year to 31 March 2021 Victim Support Nelson supported 581 victims including 4 homicide victims, 89 after a fatal vehicle accident, 3 from home invasion, 4 kidnapping, 1 missing person, 26 rape or sexual assault, 39 family harm, 122 following a sudden death. Support for those who have lost a loved one to suicide is managed by Victim Support's specialist Bereavement Services team and Nelson volunteers also assist in these cases, but this is not included in Nelson statistics.</p>	Budget attached	\$ 78,578	\$ 6,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Poverty	<p>Victim Support Nelson works in three of the priority outcome areas plus it contributes to Nelson City Council's other policies/strategies for social wellbeing.</p> <p>Victims' needs are frequently complex and can continue long after the incident or court case involved - for weeks, months and sometime years following an incident.</p> <p>Reducing social isolation or loneliness is addressed by our Support Workers being prepared to travel to be with victims or to make phone contact if that is what a victim prefers. They are trained to listen in confidence, be the single point of contact with a victim, liaise with Police, and give relevant printed resources to victims to refer to immediately after an incident, and in the weeks and months that follow. If a Support Worker arranges to phone a victim back at a certain day or time, they can be relied upon to do so.</p> <p>Improving access to work and learning is enabled by our Support Workers having undergone intensive introductory training and internship to provide the best service to victims. Changes in government policy and social attitudes mean more people are coming forward and reporting crimes (particularly family violence) to Police, and people are increasingly open to asking for help to confront the impacts of trauma. Studies have shown that when victims of serious crime, trauma, and loss receive the right help at the right time, they are less likely to suffer from post-traumatic stress disorder, they are more likely to remain connected to family, friends, work, and community. During the Covid-19 lockdown each of our Support Workers made phone calls instead of face-to-face visits to remain connected with victims they support. This was received well.</p>	<p>We record statistics of numbers of victims assisted and the types of cases. Victim Support has national contracts with Ministries of Justice and Health which require a range of core criteria to be met and maintained including minimum client volumes. We also conduct an annual consumer evaluation survey supervised by Victoria University where we have maintained client satisfaction levels of close to 90 percent.</p> <p>We receive positive feedback from victims, Police and other agencies we work with.</p>	<p>NZ Police, fire, ambulance, Court Victim Advisor, Restorative Justice, Te Piki Oranga & their Te Pae Oranga: Iwi Community Panel, Te Korowai Trust, Oranga Tamariki, Brave Hearts, Kai Rescue, Presbyterian Support, CASA, TotS Neighbourhood Support, Age Concern, Medical Centres, LandSAR, WINZ and more</p>	<p>Note: not asked in strategic grant applications</p> <p>Victim Support is a national organisation, with an operational base in Nelson, supporting Nelson residents.</p>	<p>The application is transferred from the strategic grants funding.</p> <p>Previous grant (\$3000 in 2020) accounted for.</p> <p>Victim Support is one of a number of 'worthy organisations' that are not targeted towards key priorities or communities of greatest need, but are important in the general community wellbeing in Nelson.</p> <p>Application is eligible for funding - Panel call as to the level of funding (if any)</p>	\$3-5000

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Volunteer Nelson	Volunteer Nelson (VN) is the only volunteer centre servicing the Nelson Tasman region. Its core business is to be a volunteer referrals service to volunteer-involving organisations. In so doing VN assists community organisations to recruit volunteers which are critical to many of these organisations. In addition to services surrounding volunteering, VN provides services to community organisations by organising low cost training workshops, producing the e-newsletter Community News and Views and organising the Community and Whānau Network meetings.	Volunteer Nelson at Habitat Hub	<p>The stated purpose of Volunteer Nelson (VN) is to be the hub for volunteering, connecting the community and promoting volunteering. At the core of VN is the volunteer referral service that is able to effectively match those volunteers seeking an opportunity to roles in community organisations. Many of these organisations provide services to the most vulnerable and are often highly dependent on volunteers. The national economic value of volunteering has been calculated to be \$4 billion. Volunteers also benefit from their work by enhancing their social connections, being active and having a purpose. The overall impact is improved mental and physical health status.</p> <p>VN is the hub organisation for the region on the Be Collective platform. This is a cloud-based system that allows VN to provide an end-to-end volunteer management system to its member organisations. This is provided at no cost to these organisations and is used to manage volunteers more efficiently and effectively. Not only does this assist the organisation, it provides a better volunteering experience for the volunteer.</p> <p>VN is a digital hub in the community sector and in July it moved to Habitat Hub to be part of a physical community hub. This has improved access to VN for all its clients, but importantly for those with a disability. VN seeks funding to contribute to the rental cost at Habitat Hub.</p>	<p>Budget for rent at Habitat Hub 2021</p> <p>Income</p> <p>Community organisation Grants scheme\$170</p> <p>Nelson City Council\$10,000</p> <p>Pub Charity\$3,390</p> <p>Total\$13,560</p> <p>expenses</p> <p>Rent\$13,560</p>	\$ 13,560	\$ 10,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Wk&Lea	<p>Research over the last 3 decades has shown that those who volunteer have better mental health status when compared to those who do not volunteer. This becomes marked as people age. A reason for this is that volunteering provides opportunities for social connection. Volunteers value forming meaningful relationships with those that they work with and those that benefit from their volunteering. Many volunteers are able to use the Be Collective platform to find volunteering opportunities, however there are those with complex needs that require face-to-face assistance. This cohort is often at high risk of social isolation and therefore it is important that they are able to access VN. The premises that VN occupies at Habitat Hub has good disability access. It is also on the bus route so can be accessed by those who do not have their own transport.</p> <p>In addition to social connection, the NZ Mental Health Foundation recommends giving, taking notice, continued learning and being active, to achieve wellbeing. These steps can be found in volunteering and therefore contribute to community wellbeing.</p> <p>VN is currently running a project to inform work brokers on using Be Collective to help their clients find a volunteering opportunity. This benefits those who have been unemployed for more than 6 months as a stepping stone back into paid work. Volunteering allows clients to re-build confidence and create networks.</p>	Two staff members at VN participated in a series of workshops on programme evaluation. As part of this a logic model has been developed that will guide evaluation methods. Surveys will be used to collect quantitative data on client satisfaction. This will include core services and community support services like Community and Whanau. Interviews will be used to evaluate the social impact of programmes. Qualitative data will be collected and analyzed for this purpose using Grounded Theory.	Vn works with 233 member organisations . In addition, it works with the following organisations on specific projects: Age Concern Nelson Tasman (Nelson connects and Wellby) Multicultural Nelson Tasman (migrant volunteering) Youth and Community Works (Youth Volunteering)	The benefits of volunteers to community organisations and benefit that volunteers gain from volunteering has been described above. Approximately one person in five living in the region is involved in regular volunteering. A contribution toward the rental cost of VN at the Habitat Hub allows VN to provide its services to those that live with a disability and have mobility challenges; As VN is a network organization, its presence at Habitat Hub strengthens the hub as a community centre. Other community organisations are now planning to relocate to Habitat Hub so that multiple service providers will be under one roof.	<p>Volunteer Nelson operates as a key facilitator of community information and networks in Nelson (and beyond).</p> <p>This application is towards rent costs - to support the core capability of VN to undertake this role. Note that specific projects generally attract project funding (eg Community and Whanau and FOUND have separate funding from Council),.</p> <p>A grant towards these costs is supported</p>	\$5-6000

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October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Wellby (Volunteer Nelson)	Volunteer Nelson (VN) is the only volunteer centre servicing the Nelson Tasman region. Its core business is to be a volunteer referrals service to volunteer-involving organisations. In so doing VN assists community organisations to recruit volunteers which are critical to many of these organisations. In addition to services surrounding volunteering, VN provides services to community organisations by organising low cost training workshops, producing the e-newsletter Community News and Views and organising the Community and Whānau Network meetings.	Wellby	<p>Wellby is an initiative to address social isolation and loneliness in the Nelson Tasman region. It is built on the premise that everyone belongs. At the core of this model is a community directory that lists organisations and services. The objective is to link people to a service they require or a community group that will provide social connection. Wellby is a partnership project between Volunteer Nelson (VN) and Age Concern Nelson Tasman. It is aimed at the entire population of the region and therefore falls outside of business as usual for both organisations.</p> <p>The effectiveness of Wellby lies in its simplicity. It involves three elements:</p> <ol style="list-style-type: none"> 1.The Found Directory is a community resource that lists about 1,300 organisations and services. It has been in existence for several decades and has been recently upgraded so that it is more user-friendly. The link to Found is https://www.found.org.nz/ 2.The Wellby team hold Talking Cafes in a variety of locations. This is an opportunity to talk face-to-face with people and find out what they are looking for. The Found Directory is used to find an organisation or service that someone may need and gives them the required information. It is a great connecting opportunity. 3.A Community Signposter is a micro-volunteer or active citizen that is able to reach people who are isolated and hard to contact. They have undergone a short training session and are able to point people to the Found Directory or to a Talking Café. <p>The Talking Cafes will be held at least weekly in a wide range of locations. They will be advertised in weekly community newspapers, on the radio and on social media platforms. Community workers will be on hand to welcome and assist all attendees. Details on the listings in Found Directory can be provided by text or in hard copy. Wellby Community Signposters are those people that interact with the public. They are able to reach those that are isolated and difficult to contact.</p>	Please attached Budget	\$ 123,000	\$ 10,000

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Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI	<p>The primary objective that will be achieved through funding from the Community Investment Fund is: Reducing social isolation or loneliness; Increasing opportunities for social interaction.</p> <p>The need for a project to address social isolation and loneliness in Nelson, was identified several years ago. Wellby has its genesis in a project named Community Connectedness Project that was led by Nelson Bays Primary Health. The outbreak of the COVID 19 pandemic has meant that NBPH has had to redirect resources to other health projects. A community based steering group now directs Wellby.</p> <p>The steering group for Wellby has reviewed models for addressing social isolation. Research findings indicate the damaging effects of social isolation and loneliness on physical and mental health. Some people in society are at higher risk and this includes:</p> <ul style="list-style-type: none"> •Younger people between the ages of 15 to 24 years. •Older people 75 years and above. •Those with chronic illness and disability. •Those living in rural areas without access to transport. •Those who do not have access to digital communication. <p>Given the above, it has become clear that a model that can address social isolation and loneliness in a whole-population approach will likely be the most effective. Such a model exists in the UK and is known as the Frome Model. It has been the inspiration for Wellby in that it uses the combination of 3 elements:</p> <ul style="list-style-type: none"> -A comprehensive community directory. 	<p>Wellby has worked with Lead Centre for Not-for-Profit Leadership to develop a logic model for undertaking evaluation. Quantitative and qualitative data will be collected through surveys and interviews with participants. This will assist in capturing their stories.</p> <p>Data will be captured on outputs like attendance at Talking Cafe and Signposter training.</p> <p>Data will also be captured on outcomes such as on feeling a sense of belonging and knowing that there is someone to call upon in an emergency.</p>	<p>In addition to the partnership of VN and ACNT; Wellby is guided by a steering group that includes:</p> <ul style="list-style-type: none"> -DIA -NCC -TDC -MNDHB -NBPH -Multicultural Nelson Tasman -Whanake Youth 	<p>Note: not asked in strategic grant applications</p> <p>A Nelson based initiative</p>	<p>Transferred from Strategic Grant application</p> <p>New initiative addressing social isolation - appears to be well supported in these initial stages.</p> <p>Application is from Volunteer Nelson on behalf of the wider governance group.</p> <p>A contribution supported</p>	\$5000 -7000

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October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Whenua Iti Outdoors	WIO delivers programmes incorporating adventurous, environmental, wellbeing, cultural and community elements. Through personal challenge and development, we create opportunities for long term, positive change. With a focus on educational, wellbeing, employability and community outcomes, we build strong people, whanau and communities. Participants are empowered with improved communication, teamwork, leadership, self-management and thinking skills, and build resilience and confidence leading to a more positive outlook and willingness to learn. We collaborate to ensure we meet community need.	Changing the outcomes – opportunities for Nelson Youth	<p>WIO's mission is 'To achieve positive change in individuals and communities'. Most participants are aged 12-18 and attend schools or alternative education units or are NEET. Our experiential programmes enable young people to develop soft-skills that empower them to identify and achieve their aspirations. Following recent lockdowns, more young people are disengaging or are at risk of disengaging from education, employment or training. Early and positive intervention is essential to support youth to re-engage for positive, long-term individual, whānau and community outcomes.</p> <p>We will work with Nelson providers to identify youth most likely to benefit from attending programmes at WIO and, based on their needs, design programmes that build mana, confidence and resilience, reduce social isolation, improve access to work and learning opportunities and lead to improved individual and community wellbeing. We work with organisations prior to arrival to identify need, during programmes to support staff as well as participant development, and offer support post-programmes to support participants to access further opportunities. This ensures their time at WIO is a catalyst for long term change with support as needed to achieve success.</p> <p>We are seeking support to offer 12 days of programming to groups of Nelson youth with a maximum of 8 youth per tutor delivery day. This high ratio enables us to work with youth with complex needs in an outdoor setting.</p>	<p>Expenditure (exc GST)\$ Total for 12 groups of 8</p> <p>Transport (includes transporting gear and students)\$600</p> <p>Tutor costs1 to 8 ratio\$3600</p> <p>Planning and resources including collaboration\$600</p> <p>Outdoor equipment costscooking gear, tents, kayaks etc. \$1200</p> <p>Administration and overheadsIncludes safety management, organisation, insurance etc.\$1200</p>	\$ 7,200	\$ 5,000

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Wk&Lea	<p>Youth face many barriers that lead to social isolation and loneliness, including transport - WIO vans enable youth to participate no matter where they live. Social media can lead to isolation - we encourage face to face communication and focus on building strong relationships. With improved communication and teamwork skills, youth are able to express their needs and relate to peers, whānau and the community. With greater confidence and resilience, they are better placed to identify and achieve their aspirations.</p> <p>Barriers to work and learning opportunities are addressed through developing personal skills such as self-management, communication, thinking skills, and teamwork. Through successes in experiential settings, participants develop a more positive attitude and are more willing to learn. Tutors relate success to every day settings making these skills transferable and with long term impact.</p> <p>By improving the outlook for at risk youth and developing personal skillsets that empower them to take charge of their own wellbeing, we improve individual, whānau and community wellbeing. WIO offers further programmes such as Adventure Therapy that can further support wellbeing as a future pathway in this space.</p> <p>WIO also contributes to alleviating poverty as we aim to support the development of community contributors, equipped with the 7 essential skills needed for work place success and work with other organisations to transition youth into employment or training opportunities.</p>	<p>WIO has a comprehensive evaluation process in place. This includes evaluation of programmes from a variety of perspectives including participants, partner organisations and tutors. We ask all participants for feedback on the day of their programme and with selected programmes, we also assess longer term impacts. We constantly look for ways to improve programmes to ensure we continue to meet community need. Evaluation techniques include debriefs, feedback forms and interviews.</p>	<p>Youth Nelson, the Nelson Tasman Youth Workers Collective, Whanake Youth, Sport Tasman, secondary schools, alternative education units and other community organisations are all potential collaborators for this project</p>	<p>The community will benefit through strong alignment to current community need with a focus on youth struggling to regain traction following the complex and ongoing effects of lockdown. Feedback from previous programmes shows that the effect of time at WIO can be life changing. Our programmes enable youth to be positive about their identity including cultural, gender and sexuality aspects. Programmes provide safe spaces to learn from mistakes and move forward with renewed energy and focus.</p> <p>Without targeted interventions for at risk and marginalised youth, statistics show us their long-term trajectories are challenging for those individuals, their whānau and for the wider community. We work to change this outlook through offering both a catalyst for change and longer-term support.</p> <p>Our work aligns strongly to the aims of the Nelson Youth strategy through providing positive youth development, offering quality relationships, connections and pathways and encouraging active youth citizenship</p>	<p>Application replaces one for a strategic grant (as recommended).</p> <p>Note grant in June 2021 was for two specific collaborative programmes with Pasifika Trust and NW Muslim Assn</p> <p>Previous grants (\$6000 p.a. 2020-21) accounted for.</p> <p>Whenua Iti is based in Tasman, - application is fir Nelson people to participate in programmes</p> <p>Request is reasonable</p>	\$4-5000

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
White House Incorporated Society	<p>Our main aims:</p> <ul style="list-style-type: none"> •To provide mutual support. •To create a safe environment in the Nelson region, conducive to empowerment, self-determination and confidence for its members. •where the making of decisions, rules, policies and responsibility for all aspects of the community centre are shared equally by its members. •To support diversity so that all members become an integral part of the community. •To support consumer run groups, initiatives and services. •To provide advocacy, education and training. •To challenge social stigma, discrimination and prejudice. 	Administrator	<p>Previously this fund has generously supported us to employ someone in an administrative role at the house for up to 5 hours per week. We are seeking to renew this role.</p> <p>We are a small organisation, with our funding from the Nelson Marlborough District Health Board (NMDHB) (of 2.25 FTE) spread across many part-time staff; 22 at last count. We also rely on members volunteering their time in order to maintain the services we offer. With the continuation of this Administrator position 2 years ago we were able to spread the workload more, enabling us to;</p> <ul style="list-style-type: none"> -broaden the range of activities offered by The White House (TWH), particularly multi-day respite trips away from Nelson (up to 4 each year) -support our workforce of part-time Peer Support Workers (currently 13) to train at the house towards the level 4 Health & Wellbeing Certificate -offer the PeerZone range of peer-support based workshops at the house <p>This role also helps with;</p> <ul style="list-style-type: none"> -supporting the activities of our Management Committee in keeping the house running day to day -assisting with funding applications and reports -managing the ongoing review of Policy at the house -providing day to day support to the Support Manager e.g. petty cash, accounts, payroll, statistics -assisting members to have a voice on issues 	<p>Total project cost:</p> <p>5 hours per week for 52 weeks, at \$21.50 per hour = \$5,590.</p> <p>Any Kiwisaver Employer Contribution funded by TWH.</p> <p>Amount requested: \$5,590.</p>	\$ 5,590	\$ 5,590

CIF Small Grant Applications

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Housing	<p>Reducing isolation or loneliness</p> <p>Greater acceptance of and less stigmatism about, mental distress and mental illness, (I differentiate these because while most of us suffer from mental distress at some time, far fewer of us suffer from mental distress that overwhelms our ability to cope with daily life; leading to medical interventions and often, a life-long diagnosis of mental illness). Offering training and workshops helps with this.</p> <p>Having the community of our members (who have all experienced significant mental distress) participating more in our community, both in everyday activities, but also in sharing their rich and unique experiences through peer support in the wider community.</p> <p>Learning Opportunities</p> <p>Some people feel that being diagnosed with a mental illness is a life sentence and that they have nothing to offer, the White House helps them to realise this isn't so.</p> <p>Having members develop (or re-discover) living skills through training & roles in Peer Support Work, Cooking, Dishwashing, Administration or on our Management/Governance committees.</p> <p>Social Issues</p> <p>Our members are better off through belonging to the non-judgmental, democratic and participatory community that is The White House. Opportunities to participate in activities, employment and ongoing development of the house gives a sense of social connection, contribution and achievement which has great flow-on effects for mental health and wellbeing. We frequently see vast developmental changes and progress in members as their confidence increases with finding their unique place in our supportive community.</p>	<p>This role will allow current activities to continue and new activities to be put in place. Without funding we will have to take time away from planning and executing activities that support members. having a dedicated admin reduces the stress level on other staff and members.</p>	<p>To support and foster inter-agency working done directly through co-ordinating activities i.e. Nikau House being part of the Accord group of Mental Health NGOs in Nelson, liaison with the Women's House, the Male Room, Volunteer Nelson, Health Action (Compass & Kotuku) & NMDHB as required</p>	<p>Note: not asked in strategic grant applications</p> <p>This is a Nelson-based group</p>	<p>The application is transferred from strategic grants.</p> <p>Previous grant (\$5590 in 2020 for the same purpose) accounted for.</p> <p>Organisation mainly funded by Health (PHO/DHB) - but not specifically for this project</p> <p>Application supported - may be partial</p>	\$3000 - 5590

CIF Small Grant Applications

October 2021

Name of your organisation	Organisation's Objectives or purpose?	Project Title	Full project description	Project costs	Total project cost (\$)	Amount requested
Wilderness Canoe Trust	The Wilderness Canoe Trust provides canoe journeys and bushcraft for people of all ages and backgrounds in the top of the South. Adventures in canoes provide mental and physical health benefits. We are Adventure Mark safety audit certified. We work with young children, school and youth groups as well as adults with disabilities or respite care groups and others in need in our community to give them an experience in Aotearoa's great outdoors and a better understanding and appreciation of their environment and support them to learn new skills including water safety, communication and team work.	8 days of canoe journeys for children and young people in Nelson	<p>We have appreciated our previous 3 years of funding from NCC allowing us to deliver 10 days of a canoe journeys per year to a range of groups. We wish to continue providing these valuable canoe journeys to children and young people in Nelson.</p> <p>The outcomes of our canoe journeys include:</p> <ul style="list-style-type: none"> • Greater self-awareness and ability to make positive choices; • Greater resilience and perseverance in the face of challenging situations; • Creation of positive relationships with others; • Development of confidence and self-esteem; • Increased motivation to participate in outdoor recreation activities. <p>This funding will enable the Wilderness Canoe Trust to meet the need in our community for affordable and accessible canoe journeys that provide life-skills, connection with other people and nature, and increased physical and mental health. By meeting this need overall community wellbeing is improved. This funding would cover 8 days of canoe journeys with local children and young people, the funding going towards the canoe instructor fees (\$250/day) and the direct overheads. We would appreciate being able to use this funding flexibly with groups of children and young people as needed. We currently have relationships with a number of schools and special education providers but would like to be able to expand on these relationships and meet needs as they arise.</p>	<p>8 days of canoe instructor wages = \$2000.00</p> <p>8 days of direct overheads including fuel costs, Manager coordination time, Safety Manager time, equipment etc = \$2000.00</p> <p>Total for 8 days canoe journeys = \$4000.00</p> <p>Average cost per person per day = \$60 - \$125</p>	\$ 4,000	\$ 4,000

CIF Small Grant Applications

October 2021

Outcome area	Please explain how	How will you evaluate and/or measure the impact of your project?	Collaboration	Nelson Community benefit	Advisor comments	Suggested Funding range
SI / Wk&Lea	<p>1. Outdoor adventure therapy provides connection with other people and the great outdoors (reduces social isolation and loneliness) and provides opportunities for these children and young people to work as a team and have a shared experience</p> <p>2. Canoe journeys provide the opportunity to learn new skills and build confidence in themselves and their abilities. Skills gained include canoe handling, water safety, teamwork and communication. There are well-recognised benefits of Adventure Therapy:</p> <ul style="list-style-type: none"> - It exposes people to the healing power of nature: spending time on the water in the stunning top of the south improves mental health by decreasing stress, depression, and anxiety. Being surrounded by nature also inspires feelings of peace and positivity. - It increases physical activity: regular exercise is an effective therapy for mental health and our canoe journeys enable participants to be physically active over sustained periods of time. - It helps improve interpersonal skills: by working together in pursuit of shared goals, such as paddling and steering the canoes in tandem, clients will improve their ability to communicate, give and receive feedback, and respect personal boundaries. - It involves real world activities: an adventure-based activity like canoeing and bushcraft removes clients from the habits that they may use to avoid confronting personal challenges, as well as the environmental factors that may be contributing to their current difficulties. 	<p>We will be able to demonstrate our levels of activity through the number of canoe journeys we provide and the number and range of people we provide canoe journeys for. In order to evaluate our effectiveness we will seek written feedback (using pro-forma evaluation forms) from the clients who experienced the canoe journeys, and/or from parents / whānau / caregivers / agency staff / teachers (where relevant) as to the benefits they have observed for the clients as a result of the canoe journey.</p>	<p>Groups we have worked with in Nelson recently include Auckland Point School, Hampden St School, Victory School, Nelson Central School, Youth Nelson Alternative Education, Nelson Young Parent's School, Maitai Special School, Idea Services Nelson, Nelson College for Girls and Nelson Intermediate.</p>	<p>This funding would allow us to offer more children and young people the opportunity to experience a canoe journey. If more children and young people are accessing the well documented benefits of an adventure in our great outdoors (such as learning new skills, connecting with nature, physical exercise, social connection and having fun and the positive effects of this on mental and physical health) then the whole of our community benefits.</p> <p>Organisation is based in Tasman, but provides adventure trips to people from Nelson</p>	<p>Replaces application for strategic grant - as recommended. Previous grant (\$4,500 p.a. 2018-21) accounted.</p> <p>Application meets criteria - provides programmes for socially isolated groups in conjunction with respective organisations</p> <p>Cost reasonable; grant supported</p>	\$0-4000